



ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

February 1993

Volume XIX(1)

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1993 March on Washington, DC for Lesbian, Gay and Bisexual Equal Rights and Liberation Sunday, April 25th

The Lesbian, Gay, Bisexual and Transgender movement recognizes that our quest for social justice links us fundamentally to the struggles against racism, sexism, class bias, economic injustice, and religious intolerance. We must realize if one of us is oppressed, we are all oppressed. The diversity of our movement requires and compels us to stand in opposition to all forms of oppression that diminish the quality of life for all people. We will be vigilant in our determination to rid our movement and our society of all forms of oppression and exploitation, so that all of us can develop to our full human potential without regard to race, religion, sexual orientation/identification, identity, gender and gender expression, ability, age and/or class. *Action Statement for the March adopted by the National Steering Committee, May 10, 1993, Dallas.*

The Association of Gay and Lesbian Psychiatrists will be marching under its own banner along with the Association of Physicians for Human Rights in the 1993 March on Washington. All members are encouraged to be a part of this major declaration of the gay and lesbian movement. AGLP members will gather under the AGLP banner at the northwest corner of Lafayette Park (17th & H Streets, N.W., Washington, DC) in front of the Whitehouse at 10:30 am before moving to the staging area. After marching to the staging area and planting the banner, the group will informally disband until march time. Specifics for the march are pending. If you get lost, look for the banner.

As of press time, the American Association of Physician for Human Rights was in the process of planning a party on Saturday night for AAPHR and AGLP members. For details, contact the AAPHR at (415) 255-4547.

AAPHR has decided to join the boycott of Colorado and has moved its annual conference, originally scheduled to be held in Denver, to Portland, Oregon, sometime late in August, 1993. For more information, contact AAPHR at (415) 255-4547.

ACTION ALERT

The Division of Government Relations of the American Psychiatric Association has issued an *Action Alert* regarding the recent opposition to repeal of the ban on lesbians and gays in the armed services. The Committee requests all "interested members" to call their U.S. Senator - (202) 224-3121 - immediately to express support of President Clinton's efforts to overturn the ban on gays and lesbians in the military and to vote against any amendments that seek to codify or reinstate the ban. A follow up call with a letter [addressed to: The Honorable (Senator's Name), U.S. Senate, Washington, DC 20510] is suggested. For further information, contact Katherine L. Becker at (202) 682-6321.

Stephen Woo, M.D.

Stephen Woo, M.D., a long time member of AGLP and tireless advocate of humane psychiatric treatment of persons with HIV disease, died of complications from that disease on November 10, 1993. Dr. Woo spearheaded government efforts in Canada to provide treatment and research for citizens with HIV disease in that country and was a member of the APA Commission on AIDS. He is survived by his lover, Richard Seiler. AGLP deeply regrets his passing.

ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

FEBRUARY, 1993

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Annual Meeting in San Francisco

If you have not made your reservations for San Francisco, do so TODAY. AGLP will be staying in the Holiday Inn—Union Square (480 Sutter Street, San Francisco, CA 94108). Room rates are \$110 per night for a single and \$130 for a double, triple or quadruple. Thus, four can share a room for \$32.50 per night (erroneously reported as \$45 per night in the January Newsletter). Call 1-800-243-1135 to reserve a room in the "AGLP Block." You cannot make this reservation through the APA housing bureau.

Look for a complete gay guide for the San Francisco meeting in the April Newsletter. To get a guide, you 1993 dues must be paid by April 1, 1993. Otherwise you will have to wait until the Annual Meeting to pick up a copy. So get your 1993 dues in promptly. A dues invoice for 1993 should be included with this Newsletter. Please note, to be included in the AGLP Directory and/or the AGLP Referral Guide, you MUST initial you request on your dues invoice (initials, not check marks). If you do not include at least an office telephone number, you will not be included in the Referral Guide. We do not list your mailing address or home telephone number in the Referral Guide unless you list them as your office address and telephone number.

A preliminary schedule for activities in the Hospitality Suite is listed below. If you have other Hospitality Suite events, clear them with Daniel Hicks, M.D., (202) 483-3623. If you have an APA presentation, send the details to: David Scasta, M.D., Editor, The Newsletter of AGLP, 1439 Pineville Road, New Hope, PA 18938 to help insure inclusion in the various schedules which AGLP publishes.

Tentative Schedule for the AGLP Hospitality Suite

Holiday Inn—Union Square, San Francisco

Sun., May 23

- 10 am.....Hospitality Suite opens
- 10:30-12 n.....Significant Others' Organizational Meeting (Sturgis, Duckett)
- 1-2 pm.....Considering Gay Parenting (Hackenbruck, Kramer)
- 2-3 pm.....Later Gay Parenting (Hackenbruck, Kramer)
- 3-5 pm.....JGLP Film (Scasta)
- 5-6 pm.....AA Meeting

7-9 pm.....Opening Reception

Mon., May 24

- 10-11 pm.....Lesbian Significant Others (Sturgis)
- 11-12 n.....Significant Others Discussion (Duckett, Sturgis)
- 12 n.....Significant Others' Luncheon
- 1-2 pm.....Psychiatrists, Students, and Significant Others of Color (Carter, Nakajima)
- 2-3 pm.....Self-Disclosure in Therapy (Forstein)
- 3-4 pm....."How to Do" an APA Presentation (Forstein)
- 4-5 pm.....Early Career Psychiatrists (Clyman, Sanders)
- 5:30-7 pm.....CHIP and AGLP Business Meeting
- 8 pm.....Support Group for HIV Positive Psychiatrists and their Partners

Tue., May 25

- 10:30- 12 n.....Couples Group (Vockel, Ross)
- 12 n.....Significant Others' Outing (Patterson) California Palace of the Legion of Honor, Lincoln Park
- 12:30-1:30 pm.....Lesbian Medical Students and Residents (Atkins)
- 1:30-2:30 pm.....Gay and Lesbian Medical Students and Residents (Atkins, Rubin, Azhar)
- 2:30-3:30 pm.....Separate Meetings for Students and Residents
- 3:30-4:30 pm.....Coming Out as a Gay or Lesbian Professional (Cabaj)
- 5:30-7 pm.....CHIP and AGLP Business Meeting
- 7:30 pm.....Lesbian and Gay Child and Adolescent Psychiatry (Anderson, Pinney)

Wed., May 26

- 10-11 am.....Discussion for Psychiatrists Who Need to Be Circumspect About Their Orientation
- 11- 12 n.....Lesbians in Academia (Klinger, Sved)
- 12:30-2 pm.....Annual Awards Luncheon
- 3-4 pm.....Addictions Treatment for Gays and Lesbians (Mandell)
- 4-5 pm.....Wrap-Up Discussion and Planning for Next Year (Hicks)

The Newsletter of the

ASSOCIATION OF GAY AND LESBIAN
PSYCHIATRISTS

Editor

David Scasta, M.D.

Published quarterly and as needed from: 1439 Pineville Road; New Hope, PA 18938.

Subscription cost: \$15.00 per year. Subscription requests and address changes should be sent to the above address.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian

Psychiatrists. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

Information for Authors

Persons wishing to submit articles for publication should send them to: Editor, Newsletter of AGLP; 1439 Pineville Rd.; New Hope, PA 19146. Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope.

The Newsletter reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

Officers of the Association of Gay and Lesbian Psychiatrists

President.....Marshall Forstein, M.D.
President-Elect.....Majorie Sved, M.D.
Vice President.....Daniel Hicks, M.D.
Secretary.....Rochelle L. Klinger, M.D.
Treasurer.....Larry M. Praier, M.D.
Past President.....Peggy Hanley-Hackenbruck, M.D.

Early Career Psychiatrists (ECP): Rob Clyman, M.D.

Eight of us met in Washington during the Fall Meeting to discuss plans for San Francisco. We agreed to hold three events. The first is a brunch on Sunday at 11:00 am (location to be announced) for ECP's and their significant others. If scheduling allows, the second may be in conjunction with residents to advise them on their upcoming transition. The third is a meeting in the Hospitality Suite to discuss the issue of career development: Is it necessary to identify career goals now and to begin to map out a course to achieve them? Will present employment decisions affect future practice options? Also, we will be planning for next year's convention. We hope you will join us.

Lesbian & Gay Psychiatrists of Color: Gene Nakajima, M.D.

We have several events planned for the upcoming APA conference in San Francisco. During the APA we will have a retrospective of several videos by Marlon Riggs, a gay African American video director. As part of the video program of the Scientific Program Committee, an interview of Marlon Riggs on the show *Creative Mind* will be shown. In addition, *Color Adjustment*, an examination of African Americans on American television and *No Regrets*, a video about gay African Americans with HIV will be screened. We hope to play his other videos such as *Ethnic Notions* and *Tongues Untied* in the Hospitality Suite.

Khush, a video about lesbian and gay South Asians has also been programmed. The APA has scheduled a workshop on minority lesbian and gay training issues on Tuesday at 9:00 am with Drs. Lowell Tong, Gene Nakajima, Debbie Carter, Francisco Gonzalez, and Kenn Ashley, and a workshop on psychotherapy with Asians with HIV on Thursday at 9:00 am with Drs. Yim Chan and Gene Nakajima.

On Monday at noon we will be having a meeting in the Hospitality Suite for lesbian and gay psychiatrists, medical students and significant others of color. Last year we had over 12 people attend this session. In addition, we will be having a party of lesbian and gay physicians, medical students, significant others and friends tentatively scheduled for Tuesday night. This party will be cosponsored by the American Association of Physicians for Human Rights. We are also hoping to have a similar party sometime during the weekend of the lesbian and gay march in Washington DC in April.

If you have questions about any of these events, please give me a call: Gene Nakajima, M.D., 155 E. 29th St., #19H; New York, NY 10016 (212) 213-9471.

Residents' Column: Howard Rubin, M.D.

Here in the north and south-east parts of the country Lanette Atkins and I are both in our third year of residency, working with outpatients at last. Since our last report, planning is progressing on events for the APA meeting in May. We are currently working on details for a fun brunch/outing for residents before the opening party on Sunday night.

One of my New Year's Resolutions is to increase the resident membership in AGLP significantly to facilitate our takeover of the organization. To this end, please photocopy the membership form on the right of this column and give it to your colleagues who are not members. We all know they are out there. Do it now.

In a recent phone conversation, Lanette indicated that while she has enjoyed serving as the women's representative for these past two years, she would be willing to pass on the baton if some energetic, young resident were interesting in running with it. Any takers?

Please look in our column in the next AGLP newsletter for more convention details. In the meantime, contact us with suggestions, ideas, or gossip. I am at (212) 213-1813, and Lanette is at (803) 732-1959.

AGLP Membership Application Form

Name: _____

Degree: _____

Preferred first (nick) name: _____

Address: _____

City: _____

State: _____ ZIP _____

Country: _____

Membership Status: _____

(Full Member - \$75.00, Associate Member - \$75.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$15.00)

Date membership status changes: _____

Are you a member of the American Psychiatric Association? _____

Special Instructions: _____
 (e.g label "Personal")

Do you want your name & address listed in a NON-CONFIDENTIAL directory of AGLP members? _____

Do you want to be a NON-CONFIDENTIALLY LISTED referral source? _____
 If yes, fill in office address and phone number and list specialty information below.

OPTIONAL:

Age: _____ Gender: _____ Ethnicity: _____

Home Phone: _____

Office Phone: _____

Home Address: _____

City: _____

State: _____ ZIP _____

Office Address: _____

City: _____

State: _____ ZIP _____

**Make check out to "AGLP" and mail to:
 AGLP; 1439 Pineville Rd.; New Hope, PA 18938**

Specialty: _____



Leah J. Dickstein, M.D.

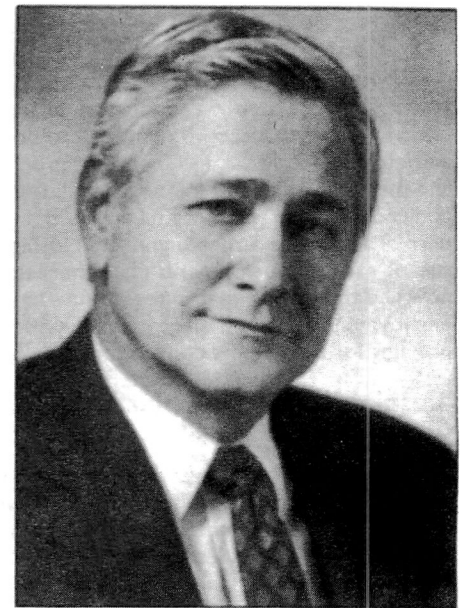
1. The name of psychiatry has been invoked in state initiatives in Oregon and Colorado to bolster arguments that homosexuality is a perversion and should be both restricted and discouraged. During your term in office, how will the APA respond to similar initiatives promised for the future?

It has been my good fortune through the APA to know and work with the Association of Gay and Lesbian Psychiatrists Assembly representatives and past presidents for almost a decade. Through our formal responsibilities and informal networking, I have learned a great deal about gay and lesbian issues, both professional and political. If elected, I would assume an active leadership role in advocating for recognition that homosexuality is not a perversion and should not be both restricted and discouraged.

Since joining the University of Louisville School of Medicine faculty, I have lectured, supervised, and taught all students, residents in a number of departments, and all faculty in all departments that homosexuality is a normal lifestyle and that gays and lesbians should therefore be treated respectfully and humanely as we would treat, and interact with, all heterosexuals. In all outside invited lectures to professionals and the public, my messages are the same.

As President-Elect, I would work with CHIP and AGLP to plan strategies to interact with and educate all relevant state representatives in all fifty states, as well as congressional representatives, about these issues. I would encourage all district branches to also develop proactive local educational programs and meetings with their state representatives, NAMI, etc., to bring enlightenment to those government officials in charge of developing these untenable definitions and laws. The APA's Joint Commission on Public Affairs has developed extraordinarily useful brochures about depression, schizophrenia, etc. I would involve the JCPA, together with CHIP and AGLP, in developing and widely distributing similar brochures about homosexuality so that district branches and our national lobbying would be effective. I would also be very willing to work with CHIP and AGLP and meet with state representatives to negotiate and clarify misinformation and misunderstanding so that no negative legislation is passed, and in fact, non-discriminatory legislation is passed.

Dickstein continued on page 6



Jerry M. Wiener, M.D.

1. The name of psychiatry has been invoked in state initiatives in Oregon and Colorado to bolster arguments that homosexuality is a perversion and should be both restricted and discouraged. During your term in office, how will the APA respond to similar initiatives promised for the future?

The state initiatives in both Oregon and Colorado were properly condemned and opposed by all fair minded and unbiased citizens and officially by the APA. The name of Psychiatry can be and has been invoked in various inappropriate and incorrect ways and whenever it happens the APA must utilize all its media and public relations resources to present the position of American psychiatry. The Committee on the Abuse and Misuse of Psychiatry may also have a relevant role to play in these situations. Where such initiatives are likely to occur, the APA should take an anticipatory proactive stance and also can make it clear that any meetings involving APA funding and / or sponsorship will not be held in that jurisdiction and that the APA would undertake to persuade other medical organizations to take the same position. In that regard, I strongly support the APA's efforts to persuade the president of the United States to lift the ban on gays and lesbians in the military and encourage the APA to work with the Administration to help implement this policy once it is signed into law. The APA can exercise significant moral and economic pressure and must do so in response to any kind of discrimination.

2. During your term of office, how would you expect to cast your relationship with the Association of Gay and Lesbian Psychiatrists and the Caucus of Homosexual Identified Psychiatrists?

During my term of office I would cast my relationship with AGLP and CHIP in an energetic and collaborative fashion, as I will with all groups and constituencies in the APA which represent members who have experienced discrimination and disadvantage on any basis of sexual orientation, race, ethnic origin, gender, disability or religion. That means there needs to be a special sensitivity and access for AGLP's and CHIP's concerns, positions, perceptions and recommendations. I have a 30 year record—as a Divi-

Wiener continued on page 6



Edward Hanin, M.D.

Candidates
Vice President
American Psychiatric
Association



Martha J. Kirkpatrick, M.D.

1. The name of psychiatry has been invoked in state initiatives in Oregon and Colorado to bolster arguments that homosexuality is a perversion and should be both restricted and discouraged. During your term in office, how will the APA respond to similar initiatives promised for the future?

I consider the APA's response against the recent referendum to overturn gay rights in Oregon and Colorado, both at the national and district branch level to have been appropriate and constructive. Unfortunately, we will undoubtedly be seeing similar efforts in the future and the APA will need to be as vigorous in its response. The APA has strong position statements which speak out against homophobia and discrimination against lesbians and gays. They speak to the destructive effects of stigma and reveal how distorted the arguments of the opponents of gay rights have become and how willing they are to distort the truth. We must publicize our position statements, support efforts to end discrimination against lesbians and gays, and speak out when others seek to distort the truth. As Chair of the Joint Commission on Public Affairs, I pledge active public affairs support to such an effort. Our response must not only be vigorous, but prompt. District branches in states where such efforts are made will need to have information readily available to them so as to be able to be active in the struggle against homophobia and ignorance. Since most anti-gay efforts will, most likely, be taking place on a state or local level, we will need to be sure that coordination of efforts between the local district branches and our national networks occurs.

I see the Caucus of Homosexuality Identified Psychiatrists and the Association of Gay and Lesbian Psychiatrists as essential allies in this effort. The American Psychiatric Association needs to stand by its principles, and our principles here are clear.

2. During your term of office, how would you expect to cast your relationship with the Association of Gay and Lesbian Psychiatrists and the Caucus of Homosexual Identified Psychiatrists?

1. The name of psychiatry has been invoked in state initiatives in Oregon and Colorado to bolster arguments that homosexuality is a perversion and should be both restricted and discouraged. During your term in office, how will the APA respond to similar initiatives promised for the future?

The struggle to free homosexual orientation from the label of sin, crime, social disgrace and/or community danger has been arduous and hazardous (as well as courageous.) The many achievements since Stonewall have been astonishing and joyous. The APA contributed by the 1973 de-pathologizing of homosexuality in the DSM and by position statements denouncing discrimination based on gender or sexual orientation (1988), opposing exclusion and dismissal from the armed services (1991) and opposing successfully the continued inclusion of homosexuality as a mental illness by the Immigration and Naturalization Service (1991.) The APA vigorously disagreed with INS's exclusion practices on the basis of sexual orientation.

As a past member of both the APA Assembly and the Board of Trustees, I know how hard those bodies worked to develop and refine positions statements. But a position statement, or any statement of organizational intent, however trenchant and articulate, is useless unless it is publicized effectively. APA opposition to discriminatory practices on the basis of sexual orientation must be announced loud and clear over and over again. Only an effective PR campaign can turn this position into public knowledge. Media must be contacted immediately in any community that threatens discriminatory legislation. The public relations staff (in collaboration with the AGLP and CHIP) should prepare material and contact speakers to address the community. It is not the responsibility of the AGLP or CHIP alone to respond vigorously to such destructive activities, but of the APA as a whole.

2. During your term of office, how would you expect to cast your relationship with the Association of Gay and Lesbian Psychiatrists and the Caucus of Homosexual Identified Psychiatrists?

Dickstein cont.**2. During your term of office, how would you expect to cast your relationship with the Association of Gay and Lesbian Psychiatrists and the Caucus of Homosexual Identified Psychiatrists?**

I would look forward to my CONTINUED excellent relationships with the AGLP and CHIP, among whom I count respected colleagues and true friends. I would hope that we would meet regularly and often and that we would feel free to use telephone contacts so that the APA would continue to be seen as THE major medical organization which understands, is sensitive to, and educates its members, all other organizations, and the public about gay and lesbian issues for all patients and the public across the life cycle. Discrimination against gays and lesbians is intolerable and unacceptable. Working together on issues such as gay adolescent suicide, homosexuals in the military, and AIDS research funding and treatment options in non-discriminatory fashion would be major issues on which to focus together.

Weiner cont.

sion Chief and Chairman—of non-discriminatory recruitment of faculty, staff, and residents and I confess to a special pride in the openness, integrity and quality of those on the faculty and those who are graduates of the residency program who are gay or lesbian and have been associated with the Department. I expressed that pride when I participated with my wife and four sons in the D.C. AIDS Walk last October. That was a 10 kilometer walk to raise money and awareness in the fight against AIDS, and that's real solidarity for me! That's how I will cast my relationship with the AGLP and CHIP. I would like your membership and constituency to cast their relationship with me in the same way.

Hanin cont.

As Vice President, my relationship with the Association of Gay and Lesbian Psychiatrists and with the APA Caucus of Homosexually Identified Psychiatrists would remain one of strong support, collaboration and respect. I have been a strong advocate and supporter of gay advocacy within the APA, and, as a member of the Assembly, supported CHIP's representation in that body. I was chairman of the Assembly's Planning Committee when representation in the Assembly of CHIP and other minority/under-represented groups was made permanent. As Speaker-Elect, I encouraged the appointment of minority/under-represented members to APA components, and both as speaker and in my time on the Board, consistently supported the work of the Commission on AIDS and the Committee on Gay, Lesbian and Bisexual Issues. As vice-president, I would continue to work closely with both AGLP and CHIP. I would look to both groups to inform me on all issues of concern, to educate me on any new developments, to argue with me and oppose me if I am wrong and to expect me to represent their ideas and interests during my term in office. I look forward to AGLP's and CHIP's continued strong contribution to the APA and to its fight against stigma and discrimination. I very much appreciate the opportunity to share my views with you. If readers have any further questions, please call (212) 861-8138.

Kirpatrick cont.

AGLP and CHIP are of great value and importance to me, professionally and personally. They provide a supportive environment for the professional development of new members and consolidate the sense of credibility and community for all. Psychiatry as a whole has been naive, at best, about sexual orientation. Psychiatry needs the increased visibility and contributions of gay, lesbian and bisexual members. I want to encourage and support this process.

I have been actively involved in writing and presenting material on sexual orientation since the early 70s. My presentations have often concerned the data from my 1975 research on the psychological development of children of lesbian mothers. This work and various follow up studies have been presented at The APA and other professional organizations, including the American Physicians for Human Rights and the National Lesbian and Gay Health Conference and have been used effectively in securing custody and visitation rights for homosexual parents in court disputes. I have been privileged to present on family and homosexuality at panels during the APA arranged by AGLP or CHIP. Recently I was a facilitator with Drs. McWhirter & Mattison for a preconvention workshop on homosexual couples' inter-action at the New Orleans Annual Meeting. I hope to have the pleasure of continuing to participate actively in the work of the Association and CHIP. I hope to further strengthen reciprocal understanding between psychiatrists of all sexual orientations.

APPLICATION FORM**Caucus of Homosexual-Identified Psychiatrists
American Psychiatric Association**

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ **ZIP:** _____

*** APA Membership Status:** _____

Please enroll me in the Caucus of Homosexual-Identified Psychiatrists.

Signed: _____ **Date:** _____

Send this form to: **Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005**

* Member-In-Training, General Member, Fellow, Life Member, Life Fellow



ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

April 1993

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AGLP Annual Meeting

San Francisco ~ 1993

Plans are nearly finalized for the Annual Meeting in San Francisco. We say "nearly" because changes can be expected up until the last minute, so be sure to drop by the AGLP Hospitality Suite at the Holiday Inn—Union Square for last minute changes. We were initially informed that the suite will be in the Presidential Suite but the hotel has informed us it is not sure at this time in which of the suites the Hospitality Suite will actually be located. The hotel will post the location on the video monitor in the lobby. If you ask the operator, the suite may be listed under "AGLP," "The Association of Gay and Lesbian Psychiatrists," or even "Dr. Larry Prater," (AGLP's Treasurer). The other major location for information will be the AGLP booth at the Moscone Convention Center in the Exhibits Hall. The booth will be much larger this year because we are sharing space with the American Association of Physicians for Human Rights. (AAPHR). AAPHR and the Bay Area Physicians for Human Rights will be joining us for many of our activities this year, so look for new faces.

AGLP continues to generate steady growth (see membership information on page 2). With the meeting being held in that great gay Mecca, San Francisco, you can expect that all activities and events will be well attended this year. Many AGLP members will be staying in the Holiday Inn—Union Square "AGLP Block." There are no more rooms available, either at the Holiday Inn or any of the major APA Hotels (with some minor exceptions). If you have changed your mind and decided to join AGLP, check the Castro District out for alternative hotel sites. Then meet everyone at the Hospitality Suite.

With this *Newsletter*, if your dues are paid, you should have received *The Pink Shrink's Guide to the Golden Gate* containing schedules, maps and listings of dozens and dozens of restaurants, bars and other entertainment establishments. Copies can be obtained at the Hospitality Suite and the AGLP Booth. A schedule of events for AGLP and of relevant educational programs at the APA is contained on pages 4 and 5 of this *Newsletter* if you did not get the *Guide*. We look forward to seeing you in San Francisco.

ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

APRIL, 1993

VOL. XIX(2), PAGE 2

The March on Washington

AGLP will be marching on Washington on Sunday, April 25, 1993 along with the American Association of Physicians for Human Rights (AAPHR). The timing of the march is critical given the heavy fire directed at President Clinton for his gay affirmative stances (see page 6 on the status of lifting the ban on gays in the military). AGLP calls on every possible member to be there to march under the AGLP banner. Upwards of a half a million gay men and women are expected.

We will be meeting at 10:30 a.m. at the northwest corner of Lafayette Park (17th and H Streets, N.W., Washington, DC) in front of the Whitehouse to march into the staging area. Bring an umbrella if it looks rainy; sun screen, if it looks balmy.

If you are in Washington on Saturday evening before the march, AAPHR and the Capitol Area Physicians for Human Rights are sponsoring a Gala Reception for Lesbian and Gay Physicians and Medical Students from 5-7 p.m. at the Columbus Club at Union Square. For more information, contact AAPHR at 273 Church Street, San Francisco CA 94114 or call (415) 255-4547. The event is funded by the Roerig Division of U.S. Pharmaceuticals Group, Pfizer, Inc.

AGLP Membership

	1/92	1/93	12/91	12/92
Full Members	284	313	276	320
Residents	99	107	118	135
Medical Students	38	35	54	60
Associate Members	15	16	16	19
Total	436	471	464	534
Newsletter Only	18	21	23	26
Exempt	27	27	34	27
Circulation	481	519	521	587

Announcements

Esther Rothblum of the Department of Psychology at the University of Vermont announced that the *One in Ten Legal Fund* has been set up to attempt to force the university to adhere to its nondiscrimination policy by providing health insurance for lesbian and gay partners of university employees. For questions or to make contributions write to the Fund in care of Esther Rothblum at the Department of Psychology, Dewey Hall, University of Vermont, Burlington, VT.

The Lambda Legal Defense and Education Fund, Inc. announced that a Los Angeles County Superior Court held that an HIV infected patient had a duty to disclose her HIV status to a nurse prior to a procedure in which the nurse suffered a scalpel cut while failing to observe standard, universal precautions. The nurse did not become HIV-infected. In another case, the Fund successfully defended an appeal of a ruling declaring the State of Texas sodomy statutes as unconstitutional under state privacy laws. For further information, contact the Fund at 666 Broadway, #12; New York, NY 10012 or call (212) 995-8585.

The Lesbian Mothers' National Defense Fund is a volunteer resource network designed to support Lesbians' choices in parenting—legally, financially and emotionally. The primary goal of the LMNDF is to secure fair judgments in child custody / visitation disputes based on the best interests of the children and to eliminate discrimination against lesbian mothers. LMNDF maintains regional resource file to assist lesbian mothers in the selection of attorneys and expert witnesses to prepare their custody / visitation cases. Additional psychiatrists, psychologists, counselors, social workers, etc. who are willing to be expert witnesses are always needed. For further information, contact the fund at P.O. Box 21567; Seattle, WA 98111 or call (206) 325-2643.

The Newsletter of the

ASSOCIATION OF GAY AND LESBIAN
PSYCHIATRISTS

Editor

David Scasta, M.D.

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Information for Authors

Persons wishing to submit articles for publication should send them to: Editor, *Newsletter of AGLP*; 1439 Pineville Rd.; New Hope, PA 19146. Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and ac-

companied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

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President's Column

Marshall Forstein, M.D.

As we approach the Annual Meeting of the APA and the end of my term as president of AGLP, I look forward to passing the reins to President-Elect Margie Sved, M.D. and the other members of the Executive Committee who really do the work of this organization. AGLP owes many people over the years a great deal of appreciation for their contributions to the organization. I know that the enormous work that goes into planning and coordinating the annual and fall meetings of the AGLP finally depends on a few people, and to them, I wish to say a special thanks.

I want to publicly thank David Scasta, M.D. for his unrelenting commitment and effort in his work as newsletter editor and publisher of the Annual Meeting guide, and, as coordinator of the AGLP booth. Dan Hicks, M.D. has been coordinating the plans for the Annual Meeting, working with Dan Karasic, M.D. and his committee from San Francisco. I would like to thank our members from San Francisco who have helped with the local arrangements and the planning for the Saturday program, which promises to be exciting and educational for all of us.

As I prepare to leave office, I am aware of the many things I have not accomplished, filled with thoughts about AGLP as an organization, about lesbian and gay psychiatrists, and about the particular time in which we live. Much of what I have been doing over the last two years has been in the area of trying to build membership in AGLP with the explicit purpose of increasing our budget so that we might move from a purely volunteer organization to one with some paid staff time to carry out the work that is essential if lesbian and gay psychiatrists are to have a powerful role as professionals outside of the APA. In our identity as lesbian and gay psychiatrists, we have an opportunity to maintain the visibility of the mental health, political, and social needs of gay and lesbian people.

These are both strange and wonderful times for lesbian and gay people. The new [Federal] Administration promises to be much more progressive than the previous one on gay rights, but not as forward as we would like. Playing politics with basic civil liberties seems morally repugnant to me, and, even given all of the pragmatism in the world, it is still hard for me to swallow the purported need to move cautiously and pragmatically forward when it comes to gay and lesbian civil rights. Homophobia and institutionalized societal prejudice, are as morally wrong as racism or sexism.

There is a growing movement by the Right to make homosexuality the issue of the 90s. We will be seen as the cause of all potential evil and disaster yet to befall this nation. I believe that we are witnessing the same type of response which occurs every time an oppressed group achieves greater visibility and prominence. There are clear parallels to what happens when people of color begin to manifest political power and control, or when women rise to higher ranks in academic or corporate worlds. When a few of us were out [of the closet], we were a curious addition to the landscape. As we more overtly compete for much of what heterosexuals take for granted, we will undoubtedly be seen as more threatening. This threat, I believe, will be our dilemma for this decade.

Some thoughts on gays in the military... While I cannot for the likes of me figure out what is so attractive about joining the military (yes, of course, I am aware that that is where the men and women are), I certainly understand and support the right of gay people to be recognized for having been there all along. It is bizarre to me to think that the public and the military believe that this issue is about letting gay and lesbian people in. It is quite apparent that it is about letting us be out, because we are already in. To me the issue not being addressed is the one that has to do with how gays in the military will in fact change the way the military does business. From my

perspective, having gay men in the military will require a code of conduct that will for the first time force heterosexual men to change the way they treat women and each other. This issue is about power, and the fear that straight men will have to experience the same fear, uncertainty, intrusiveness that women and gay people have faced for years. Those on top know that they have a good thing going, even if it is at the expense of others. The problems is one we face in our everyday life: How to let someone else with less money, stature, status, and safety share in what we have. I suspect that when we have a female Chief of Staff and a greater preponderance of gay and lesbian people in the military, we will see a shift in how power is displayed.

I could muse on about all the struggles ahead, only to feel at times invigorated and inspired by the perseverance of lesbian and gay people, and, at times, angry and frightened by the hate and prejudice I hear around me. I think that we must call upon our heterosexual friends and neighbors to understand that our fight is their fight, and encourage them to be part of our struggle—not because it is good for us, but because it is good for them.

As I have traveled around this past year, speaking on behalf of AGLP and / or the Commission on AIDS, I have learned that we have many enemies who are only too eager to deny us any form of safety or participation as equals. But I have also found enormous friendship and support from people who have convinced me that change occurs only within the context of a real, human relationship. When most people are given the opportunity to really sit down and talk—and we share our lives, our dreams, our fears—the healing begins. Above all else, I am convinced that our only hope for achieving equal status and equal rights is in our ability to be visible and real to others. Imagine what it would be like if tomorrow everyone who was gay or bisexual, or sympathetic turned lavender; or, if for the next month, all gay and lesbian or sympathetic people took off from work, school, etc. Our power to negotiate for our rights, it seems to me, lies in our inextricable and overwhelming importance to this society. Thus, the dilemma: to come out and take enormous risks, or to stay in the closet in all but the most private ways.

What AGLP has done for so many of us, is to provide that safe haven and the guiding light to move along in that process from fear and loathing, stuffed in the closet, to some increasing sense of personal empowerment that accrues with moving out further and further. Each of us must find our own pace. But I am convinced more and more, that in our movement out of the closet, we open doors not just for ourselves, but for others. In this regard, we must continue to support not just issues around AIDS, but around health care for all—paying attention to areas which have been neglected such as reproductive rights, breast cancer and the care and protection of children. I know that our next president, Margie Sved, M.D., will keep us on tract in many of these areas, and I look forward to her leadership.

On a personal note, I owe AGLP, and many of the member who were there for me along the way, an enormous debt. I have certainly received more help and caring from people within AGLP and within the APA than I could have imagined. And, that has meant a great deal to me. Everyone should get a chance to serve as president of AGLP and I am grateful for the opportunity. There is never enough time, always too much to do, and always someone willing to stand in your way. I look for to our Annual Meeting and hope we will continue to grow and work together to make the world safer for ourselves and for those around us. I truly believe that our hope and safety lies in our visibility and connectedness to those around us. To quote my grandfather quoting a famous Jewish rabbi, Hillel:

*If I am not for myself, who will be?
If I am only for myself, what am I?
If not now, when?*

AGLP Events

Friday, May 21st

6-8 pm **Bay Area Regional Rodeo 1993** (continuing all day Saturday and Sunday), Cow Palace, (415) 985-5200

Saturday, May 22nd

10-5 pm **Pre-convention: Changing Perspectives on Our Diverse Sexualities**; Union Square Ballroom, Holiday Inn—Union Square

6:30-7:30 pm **AIDS Memorial Service**, Kairos House, 114 Douglass, (415) 861-0877

8-10 pm **Lesbian Dinner**, RSVP Ellen Haller for location, (415) 863-5504

Sunday, May 23rd

10 am **Hospitality Suite opens**, Tentatively in the Presidential Suite, Rm. 2901 (but check with the hotel for final assignment), Holiday Inn—Union Square, 480 Sutter Street, San Francisco, CA 94109, (415-398-8900)

10:30-12 n **Significant Others' Organizational Meeting**, (Duckett, Bullen), Hospitality Suite

11:30-2 pm **Resident and Medical Student Brunch**, home of Jerry Polansky, 339 Elsie St. in Bernal Heights, RSVP to Rob Daroff (415) 252-0150

11:30-1:30 pm **Early Career Psychiatrists Brunch**, home of Lowell Tong, RSVP to (415) 929-7902 for location

1-2 pm **Considering Gay Parenting**, (Hanley-Hackenbruck, Kramer), Hospitality Suite

2-3 pm **Later Gay Parenting**, (Hanley-Hackenbruck, Kramer), Hospitality Suite

3-5 pm **Film: *Tongues Untied***, by Marlon Riggs. An art film addressing the conjoint themes of racism and homophobia. (Some nudity). Discussion sponsored by the *Journal of Gay and Lesbian Psychotherapy* (Scasta), Hospitality Suite

5-6 pm **AA Meeting**, Hospitality Suite

7-9 pm **Opening Reception**, Continental Ballroom, Hilton

Monday, May 24th

10-11 pm **Lesbian Significant Others**, Hospitality Suite

11-12 n **Significant Others Discussion**, (Duckett, Bullen), Hospitality Suite

12 n **Significant Others' luncheon**, Hospitality Suite

2-3 pm **Self-Disclosure in Therapy**, (Forstein), Hospitality Suite

3-4 pm **"How to Do" an APA Presentation**, (Forstein), Hospitality Suite

4-5 pm **Early Career Psychiatrists**, (Clyman, Sanders), Hospitality Suite

5:30-7 pm **AGLP and CHIP Membership Meeting**, Sienna Rms. I & II, Parc 55

8-10 pm **Lesbian Reception**, 4775 19th St., (415) 863-5504

8 pm **Support Group for HIV Positive Psychiatrists and their Partners** (Kertzner), Hospitality Suite

Tuesday, May 25th

10:30-12 n **Couples Group**, (Vockel, Ross), Hospitality Suite

12 n **Significant Others' Outing**, (Patterson)

12 n-1 pm **Lesbian Medical Students and Residents**, bring your lunch or eat before, (Atkins), Hospitality Suite

1-2 pm **Gay and Lesbian Medical Students and Residents**, (Atkins, Rubin, Azhar), Hospitality Suite

2-3 pm **Separate Meetings for Students and Residents**, Hospitality Suite

3-4 pm **Coming Out as a Gay or Lesbian Professional**, (Cabaj), Hospitality Suite

4-5 pm **Psychiatrists, Students, and Significant Others of Color**, (Carter, Nakajima), Hospitality Suite

5-7 pm **AGLP Membership Meeting**, Sienna Rms. I & II, Parc 55

7:30 pm **Lesbian and Gay Child and Adolescent Psychiatry**, (Pleak, Pinney), Hospitality Suite

9-11 pm **Physicians of Color Party** (Co-sponsored by AAPHR for physicians of all specialties, partners, and friends), 12 Woodland Ave., # 3, RSVP to Jimmy Jones (415) 564-7777.

Wednesday, May 26th

10-11 am **Discussion for Psychiatrists Who Need to Be Circumspect About Their Orientation**, (Webb), Hospitality Suite

11-12 n **Lesbians in Academia**, (Klinger, Sved), Hospitality Suite

12:30-2 pm **Annual Awards Luncheon**, Square, 405 Mason, (415) 776-8699

2-3 pm **Legal/Psychiatric Issues in HIV**, (Milone), Hospitality Suite

3-4 pm **Addictions Treatment for Gays and Lesbians**, (Mandell), Hospitality Suite

4-5 pm **Discussion of Removal of the Military Ban: What We Can Do to Make Sure It Happens**, (Hicks), Hospitality Suite

5 pm - ? **Wrap-up discussion and plans for next year**, Hospitality Suite

7-9 pm **Closing Party**, City Club, 155 Sansome, 10th Fl., (415) 362-2480

APA Events

CW.....Component Workshop
 DG.....Discussion Group
 IS.....Industry Symposium

S.....Symposium
 V.....Videotape
 W.....Workshop

Sunday, May 23

7:30-10:30 pm.....V1. *Patently Offensive: Porn Under Siege with Candida Royalle*, Plaza Rm. A, Lobby Level, Hilton

Monday, May 24

9-10:30 am.....DG2. **Continuing Controversies in Female Gender Development** (Kirkpatrick), Sierra Suite B, 5th Fl., Marriott

9-10:30 am.....CW5. **The Openly Lesbian and Gay Therapist: Clinical Issues** sponsored by the APA Committee on Gay, Lesbian and Bisexual Issues (Isay), Rms. 228-230, East Mezzanine, Moscone Center

9-10:30 am.....W28. **What's Happening in Oregon: Prioritization and Its Discontents** (Pollack), Concordia Rm, 2nd Level, ANA

11-12:30 pm.....W36. **Psychiatric Services in AIDS Clinics** (Liang), Rms. 256-260, West Mezzanine, Moscone Center

12-2 pm.....V7. **Color Adjustment: Blacks in Prime Time** (Riggs), Plaza A Rm., Lobby Level, Hilton

2-5 pm.....S3. **Psychiatric Aspects of HIV Infection** (Chaisson, Cottler, Batki, McArthur, Lyketos, & Treisman), Rm. 122, Exhibit Level, Moscone Center

2-5 pm.....S6. **Psychoneuroimmunology: Stress, Mental Disorders and Health; HIV Infections** (Goodkin, Ironson), Rm. 125, Exhibit Level, Moscone Center

2-5 pm.....S15. **Newer Perspectives on the Psychology of Women; Women Loving in the 1990s** (Kirkpatrick), Rms. 303-307, Esplanade Level, Moscone Center

2-5 pm.....S25. **Treating Depression in Patients with HIV** (Rabkin, Zisook, Fishman, & Markowitz), Marina Rm. E & F, Level 3 B, Marriott

2-5:30 pm.....**Review of Psychiatry, Part 1: Changing Perspectives on Homosexuality** (Stein, McWhirter, Hackenburck, Isay, Klinger), 102-103, Exhibits Level, Moscone Center

Tuesday, May 25

9-10:30 am.....W57. **Ageism and Sexuality in the Elderly** (Smith), Sunset Rm. A, Level 3 B, Marriott

9-10:30 am.....W67. **Minority Lesbian and Gay Resident Training Issues** (Nakajima), City Rm, 3rd Level, ANA

9-10:30 am.....**Lifting the Ban on Gays in the Military**, (Hicks) Site to be announced

9-11 am.....V13. *Gay Youth*; V14. *Dealing with Sexual Behavior of Adolescents in Psychiatric Residential Settings*, Plaza A Rm., Lobby Level, Hilton

9-12 n.....AIDS Program; **Clinical and Psychiatric Aspects of AIDS and HIV Disease**, Rm. 306, Esplanade Level, Moscone Center

11-12:30 pm.....W71. **Issues in Psychiatric Care of HIV-Infected People** (Certa), Golden Gate Hall C 1, Level 3 B, Marriott

11-12:30 pm.....W74. **Psychiatric Work with Terminally Ill AIDS Patients** (Beckett), Sunset Rm. A, Level 3 B, Marriott

11-12:30 pm.....W85. **The Gender Identity Disorders: Research Perspectives** (Gillick), Franciscan Rm. III, 3rd Level, ANA

12-2 pm.....V18. *Closet Land*, Plaza Rm. A, Lobby Level, Hilton

12-2 pm.....V 19. *Khush*; V20. *Fighting in Southwest Louisiana: Gay Life in Rural America*, Marin Rm, 4th Fl., Hilton

7-10 pm.....V24. *Creative Mind: Marlon Riggs*; Plaza Rm. A, Lobby Level, Hilton

7-10 pm.....IS25. **Women's Mental Health; Issues for the 1990s; Gender Differences in the Normal Brain** (Andreasen); **Gender Differences in Development** (Nadelson), Parc Ballroom, Meeting Rm. Level, Parc 55

Wednesday, May 26

9-10:30 am.....W91. **Teaching Human Sexuality to Medical Students in the 1990s** (Krefetz), Golden Gate Hall, C 3, Level 3 B, Marriott

9-10:30 am.....W93. **Gay Men, Mid-Life, and HIV: Psychological Issues** (Kertzner), Marina Rm. C-D, Level 3 B, Marriott

9-12 n.....AIDS Program; **The Clinical Challenges Presented by AIDS and HIV Disease**, Rm. 306, Esplanade Level, Moscone Center

2-5 pm.....S77. **DSM-IV: The Close to Final Report, Part III; Sexual Disorders in DSM-IV** (Schmidt, Jr.), Rm. 309, Esplanade Level, Moscone Center

2-5 pm.....S86. **Violence: Psychiatric Problems, Psychiatric Solutions; Hate Crimes and Violence Against Lesbians and Gay Men** (Stein), Metropolitan Ballroom I, 2nd Level, ANA

7-10 pm.....V25. *Anthem*, V26. *Armistead Maupin Is a Man I Dreamt Up*, (Riggs) Marin Rm., 4th Fl., Hilton

Thursday, May 27

9-10:30 am.....CW48. **Ethical and Clinical Dilemmas in HIV Mental Health Care** by the APA Commission on AIDS (Forstein), Rm. 270-272, West Mezzanine, Moscone Center

9-10:30 am.....W116. **Heterosexual or Homosexual? The Therapist's Dilemma** (Winchel), Golden Gate Hall C 2, Level 3 B, Marriott

9-10:30 am.....W118. **HIV Infection Among MICA Women** (Silver), Laurel Rm., Level 3 B, Marriott

9-10:30 am.....W122. **Psychotherapy for Asian Americans with HIV/AIDS** (Nakajima), Potrero Hill Rm., Level 3 B, Marriott

9-10:30 am.....W125. **Women and AIDS: Psychiatric, Social and Legal Issues** (Prenzlaue), Sunset Rm. C-D, Level 3 B, Marriott

11-12:30 pm.....W138. **HIV/AIDS Outreach: Does It Work in Linking Health Care Delivery Systems** (Levin), Marina Rm. C-D, Level 3 B, Marriott

2-5 pm.....S99. **Sexual Orientation: New Biological Data Debated** (Pillard, Baron, Dorner, New, Allen, Byne), Rm. 270-272, West Mezzanine, Moscone Center

Update on Lifting the Military Ban

Daniel Hicks, M.D.

With the election of President Clinton, many of us working on lifting the military ban against gays and lesbians breathed a giant sigh of relief and felt it was only a matter of time for it to be accomplished. In fact, the APA and a coalition of many other professional groups had started meeting about how to help the military implement the policy with the least amount of friction and resistance, including sensitivity training and education. The week after the inauguration, President Clinton began moving on this issue, to the delight of us all. It was a tremendous shock when the conservative Right put pressure on the Pentagon and did their multi-media advertising on the nation's largest cable TV-radio network which put a halt to Clinton's efforts. Many people felt that the gay groups were unprepared, but this attack basically came out of nowhere in a very short time. I do not believe Clinton is waffling on the issue, but did the only thing he could do politically—buy more time to let the military prepare for the change. Most people believe he still plans to remove the ban by executive order. Unfortunately, it gives the conservatives more time to strengthen their forces. This is not a settled issue by any means.

In our lifetime, we have seen radical changes in the way society approaches the issues of sexuality and homosexuality. Many of our group have been and still are on the forefront of these changes and research. However these new data from the social sciences, though familiar to us, have not been consolidated or disseminated throughout our society, so many people still carry their prejudices and homophobia unless they have some reason to be changed or educated. That is why it is very important for all of us who can to "come out" to those around us—at work, at home, in our neighborhoods—so that other people learn who we are and change their misconceptions. Part of the reason Clinton is so supportive is that some of his closest friends are gay. He knows this is the right thing to do, despite public opinion against him. However, he needs to know there is support for him to proceed; the opposition has certainly made itself clear.

In our society, two of the most important institutions which perpetuate the hatred and homophobia we all grew up with and continue to be subjected to are the Church and Military. many churches are struggling with the issue of sexuality and homosexuality, and in many cases are adopting a more understanding and tolerant attitude. Now the military may also be forced to change its policy, which will go a long way to making a more tolerant atmosphere for our brothers and sisters not only in the military, but for our whole society. It is crucial that we win this battle for basic human rights. The APA has been very active and supportive on this issue. There is also much work for all of us to do in the next few months:

1. Call and write your congresspersons and senators, especially if you are in crucial states whose representatives are not already behind this and who are not so rigid in their opposition that they cannot be educated.
2. Call and write the President so he knows that he has support on this issue. He has heard from the opposition.
3. Work on educating those in your sphere of influence; come out if possible; ask your friends and family to call and write their congresspersons and the President.
4. Try to be here for the March on Washington, Sunday, April 25th. A peaceful show of strength can be very powerful at this time. The March for Women's Choice last year was

phenomenal and had its effect in DC. Also, AAPHR and CAPHR are having a cocktail party on Saturday, April 24th, 5-7 pm at Union Station.

5. Feel free to contact me if you have any further questions or need direction on how to get involved (202-483-3623). We have a tremendous chance to make a difference and influence the mental health of our nation.

Prodigy Network

Daniel Hicks, M.D.

Many AGLP members also belong to the Prodigy Service on their home or work computers. I am proposing that we start a published network of those of us who are willing to participate. It will save money on long distance phone calls and be a way to directly and quickly communicate information, look for referrals, etc. Several of us have already been using this in planning for the Annual Meeting. Please send me by Prodigy, write me or call me with your ID number. I will compile a list and distribute it so that we all can have our own network. My Prodigy mailbox number is DJMN11A. Chat with you soon. Dan Hicks, M.D.; 1309 T St., NW, # 2; Washington, DC 20009; (202-483-3623).

APPLICATION FORM

Caucus of Homosexual-Identified Psychiatrists American Psychiatric Association

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

* APA Membership Status: _____

Please enroll me in the Caucus of Homosexual-Identified Psychiatrists.

Signed: _____ Date: _____

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

* Member-in-Training, General Member, Fellow, Life Member, Life Fellow



Marlon Riggs

On Wednesday, May 26, 1993 the Association of Gay and Lesbian Psychiatrists will award the acclaimed gay film maker, Marlon Riggs, the Seventh Annual Distinguished Service Award for his ground breaking works on homophobia and racism. Many of his videos will be shown by the APA throughout the Annual Meeting (See "APA Events" for times and places). One of his most well known works, *Tongues Untied*, will be shown in the Hospitality Suite in the Holiday Inn—Union Square by the *Journal of Gay and Lesbian Psychotherapy* on Sunday, May 23rd at 3 p.m. A discussion of the work will follow. *Tongues Untied* is a Felliniesque indictment of racism within and without the gay community and of homophobia in general. The work, which has been aired on the Public Broadcasting Stations in the United States as well as Australia, England, Spain and Sweden, has received a long list of acclaims including the LA Film Critics' Award for the Best Independent / Experimental Work, the Blue Ribbon at the American Film and Video Festival, First Prize in the Experimental Division of the National Educational Film & Video Festival, the Best Black Independent Production at the National Black Programming Consortium, the Best Documentary at the Berlin International Film Festival, GTB, and the Best Performance Video at the Atlanta Film and Video Festival.

Mr. Riggs other works include *Ethnic Notions* (National Emmy Award for Best Documentary), *The First 50 Years: Reflections on U.S. / Soviet Relations* (1984 Columbia School of Journalism DuPont Award), *Non Je Ne Regrette Rien (No Regret)*, *Color Adjustment* (7th Annual IDA Award for Distinguished Documentary Achievement), *Anthem, Affirmations* (SECA Video Art Award), *In Our Defense, How Much is Enough? Decision Making in the Nuclear Age*, and *Long Training Running: The Story of the Oakland Blues* (Documentary 1st Prize 1982 American Film Institute National Video Festival). Additional Credits include: *Circle of Recover*; *Warring Ideals: A Portrait of Henry O. Tanner*; *Visions Toward Tomorrow: Ida Louise Jackson*; *Open Window: Innovations for the University of California*; *Changing Images: Mirrors of Life, Molds of Reality*, *Faces of war*; *Fighting Ministers*; *A Traveling Jewish Theater*; *Susan Noon Profiles*; *The State of the Language: In Other Words*; and *Two Parents, Two Homes*.

Marlon Riggs grew up in Texas and resides in Oakland California. He graduated with honors from Harvard College in 1978 and received his master's degree from the University of California at Berkeley Graduate School of Journalism where he teaches as a tenured professor. His first major work was *Ethnic Notions* which won him national critical acclaim for his work on racial issues. His subsequent works have followed in quick succession funded by the National Endowment of the Arts, the Ford Foundation, the National Endowment for the Humanities, and the Rockefeller Foundation. His fellowships include the American Film Institute, the Western States Regional NEA Fellowship, the Rockefeller Foundation, the American Film Institute, Harvard University and the University of California at Berkeley.

As a media activists, he has testified before the U. S. Senate, spoken at the New York Museum of Modern Art, and written extensively on issues of censorship and independent documentary production in the United States. He serves on the Programming Policy Committee of the National Public Broadcasting Stations.

The awards and accomplishments listed above truly are only a sampling of the acclaim that Marlon Riggs has achieved in only a few years hammering at our visual and auditory senses with the pathos and pain felt by black American gay men thriving and striving under the clouds of overt and subtle racism—touching the pain felt by all gay men looking for purpose and belonging. AGLP takes great pleasure in extending its annual award to this prolific film producer, director and literary genius.

Mr. Riggs's lover will stand in Mr. Rigg's stead if health prevents Marlon from attending the ceremonies.

Reservation for the Awards Luncheon Honoring Marlon Riggs

~
Square Restaurant
405 Mason St.
San Francisco, CA

~
Wednesday, May 26th
12:30-2 pm

Name: _____

Number of Reservations: _____

Return to:

Larry Prater, M.D.
Treasurer, AGLP
1110 N. Classen Blvd, Suite 318
Oklahoma City, OK 73106-6808

with a check for \$30.00 for each reservation (\$15.00 for medical students) made out to "AGLP."

Medical Student Column

Salman Azhar

Thanks to the generosity of it's members, AGLP provides medical students with assistance to attend the Annual Meeting held in conjunction with the AGLP convention. The meeting is in San Francisco from May 22-29. It is a great opportunity to discuss such issues as coming out during residency interviews, gay positive residencies, and other issues common to all lesbians and gay men in psychiatry. There will be several structured opportunities to interact with residents and psychiatrists-in-practice allowing you to explore issues and ideas related to your career. And, of course, like any gathering of lesbian and gay medical students, there is plenty of time to socialize and sightsee in wonderful San Francisco. A schedule of events is included on page 4 of this *Newsletter*. Note the Residents' and Students' Brunch on Sunday at 11:30 a.m., the Opening Reception later that day at 7 p.m. (a HUGE social event not to be missed), and the Medical Student / Resident Meetings from 1 - 3 p.m. on Tuesday. There are also meetings organized by psychiatrists with HIV, child psychiatrists and those devoted to issues of minority affairs and coming out professionally. Most of these meetings, as well as the Preconvention, will be held at the Holiday Inn—Union Square. There will be an AGLP Hospitality Suite at the hotel. When you arrive, you should either go there or to the AGLP booth at the Moscone Convention Center Exhibit Hall to pick up activity schedules, maps and the all important, *The Pink Shrink's Guide to the Golden Gate*, describing the hot spots in the area.

There is no need to register for the APA conference in advance; you should be able to register on-site for free. Just bring you medical student ID with you.

As in past years, partial travel assistance will be provided, as will housing if needed. This year to maximize the number of students who can attend, we will spend our budget on travel and instead of staying at the hotel, we will stay with the many gay and lesbian students and residents in the Bay Area. To attend with assistance, you must contact me (Salman Azhar) no later than Friday, April 30th with the following information: 1) your address and telephone number, 2) planned arrival and departure dates; and 3) the nights you will require housing.

If you have any questions, please feel free to contact me. We look forward to seeing you in May! **Salman Azhar; 8337 Cherokee Rd.; Richmond, VA 23235, (804) 272-0826.**

AGLP Membership Application Form

Name: _____

Degree: _____

Preferred first (nick) name: _____

Address: _____

City: _____

State: _____ ZIP _____

Country: _____

Membership Status: _____

(Full Member - \$75.00, Associate Member - \$75.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$15.00)

Date membership status changes: _____

Are you a member of the American Psychiatric Association? _____

Special Instructions: _____

(e.g., label "Personal")

Do you want your name & address listed in a NON-CONFIDENTIAL directory of AGLP members? _____

Do you want to be a NON-CONFIDENTIALLY LISTED referral source? _____
 If yes, fill in office address and phone number and list specialty information below.

OPTIONAL:

Age: _____ Gender: _____ Ethnicity: _____

Home Phone: _____

Office Phone: _____

Home Address: _____

City: _____

State: _____ ZIP _____

Office Address: _____

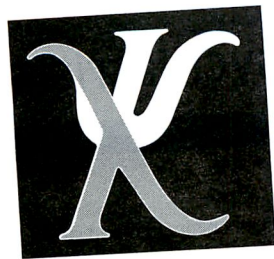
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 AGLP; 1439 Pineville Rd.; New Hope, PA 18938**

Specialty: _____





Association of Gay and Lesbian Psychiatrists

Volume XIX(3): September 1993

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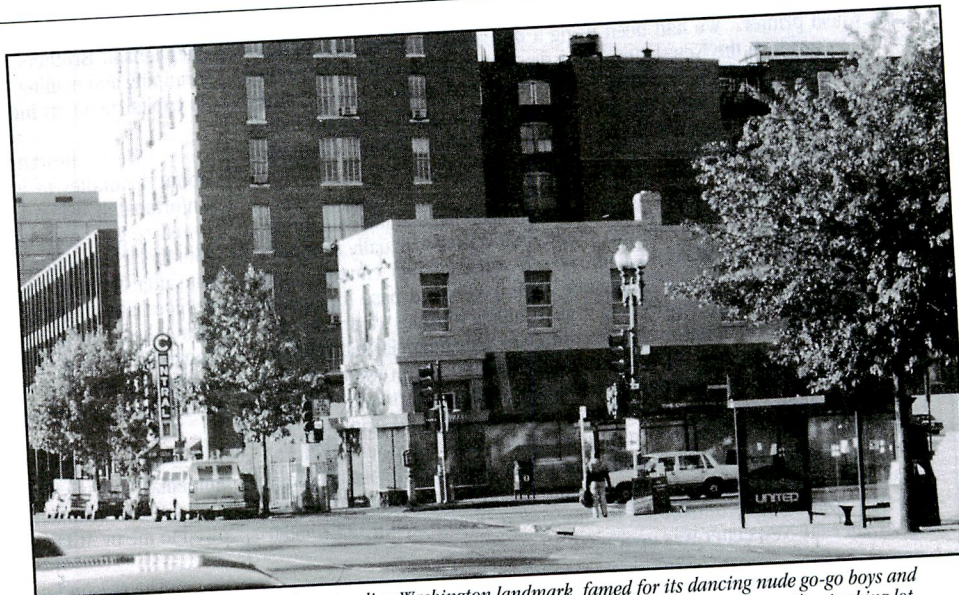
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The Chesapeake House - a longstanding Washington landmark famed for its dancing nude go-go boys and for the downfall of several congressmen - has passed from the scene, turned into a convention parking lot.

Washington Fall Meeting

The annual Fall Meeting will be held on Saturday, September 11, 1993 at the J.W. Marriott Hotel (1331 Pennsylvania Avenue, NW, Washington DC 20005; (202) 393-2000) from 10 a.m. to 5 p.m. Check the marquis in the hotel lobby or the board in front of Meetings Management in the hotel for room location. (The Executive Board will meet in private session from 8:30 to 10:00 a.m. in the bagel restaurant located in the Hotel's shopping concourse.) The meeting is a meeting of the Executive Board that is open to all members and serves as a pre-convention planning meeting for the Annual Meeting (which will be in Philadelphia, May 21-26, 1994) and to chart future directions for AGLP.

Continuing a three-year tradition, Jeff Akman, M.D. and Steve Dixon are hosting a Friday night (September 10th) dinner party from 7:30 to 10 p.m. for everyone attending the meeting at their house at **1936 Calvert St., NW; Washington, DC 20009**. The party is always well attended so please make your reservation now by calling Jeff at (202) 483-6092 and leaving a message on his answering machine indicating how many will be attending. Then send \$30 per reservation to his address with checks made out to "Jeff Akman, M.D."

To get to Jeff and Steve's house, take a cab or the Metro. Parking is virtually non-existent. To take the Metro, take the Red Line to the Woodley Park/Zoo stop. Go one block south on Connecticut Avenue (address numbers will be decreasing) and 1-1/2 blocks east on Calvert Street. 1936 is on the right.

As in previous years, members have the option of *lodging at the Governor's House Holiday Inn* for \$90 per night. YMCA Privileges come with the room. For reservations, call (800)821-4367 or (202)296-2100. The hotel is located at **1615 Rhode Island Ave., NW; Washington, DC 20036**. Make your reservations now and ask for the Association of Gay and Lesbian Psychiatrists' rate.

Editor's Column: David Scasta, M.D.

It is hard for me to believe that I have been doing this job as editor of the Newsletter for eight years. It seems like the proverbial, "only yesterday," that I suggested to then president, Bob Cabaj, MD, that I lay out the Newsletter on my computer: a Radioshack Model 4 with a daisy wheel printer. We had been using a dot matrix printer and a photocopier to produce the Newsletter. Two days later at the end of the Annual Meeting in Dallas, to my surprise, I was introduced as the "Editor" of the Newsletter - a position with a tad more responsibility than I originally anticipated. However, give me a little rope and before long I'll have a 3 masted sailing vessel to put it to use.

At that time AGLP had 110 members and had been at that size for several years. I began my job with two simple innovations (actually re-innovations which I discovered when I uncovered some ancient caucus manuscripts and newsletters). I put together a computer data base for mailing labels and used it to start a process of regular billing for dues - a process that had been previously haphazard and incomplete. Our financial status immediately began to improve. As a result, I got little opposition when I took it upon myself to begin upgrading the Newsletter so that it started to take on a professional look. In 1987 I bought all new computer and printer equipment and became the first kid on my block with a laser printer. With the more polished newsletter appearance, our public appearance began to take on an aura of a professional, main-stream organization. I am convinced that that appearance contributed to our rise in membership that began shortly after the Newsletter was upgraded.

In Washington in 1986 I added the Convention Guide which was an instant success with its listing of bars and restaurants as well as maps and schedules. I tied receiving subsequent issues to dues which caused dues to come in more promptly. Then came the Referral Directory and the membership Directory (1989) followed by the annual convention booth, which I, by default, have been responsible for setting up every year. By using the 12 foot banner which I had made for the March on Washington in 1987, our booth has been very visible. As our visibility rose, so did our membership.

When I first began the job, I did everything. I had a graphics artist make a layout board with the logo so that I could hot waxed copy from my computer onto the boards. I would take photos down to the local art shop and individually size, screen them and wax them onto the boards. The print shop would photographically shrink my boards so that the typewriter-size type would be about the size of newsprint and place them on offset plates producing 125 newsletters folded in half and collated. For about 2-1/2 hours I would run my dot matrix printer printing out 125 labels, cussing up a storm every few minutes as the damn thing jammed. Each mailing label had to be applied to an envelope, followed by a stamp. Each newsletter had to be folded twice for a business envelope; a bill for each unpaid member had to be folded and matched to the mailing label; and both inserted into an envelope, sealed and the entire mess collected and taken to the post office. The job generally took 30-40 hours.

Membership grew and so did the work load. I got the new IBM compatible AT computer and a HP Laserjet+ printer described above. Then I could print labels in 12 minutes instead of 2-1/2 hours. Eventually I learned to dispense with much of the hot wax as I laid the Newsletter out on the computer screen and printed it with the laser printer. I switched to a professional graphics artist, Roy Harker of Engraphics, to do the final layouts and Stephenson Brothers, Inc. took over the job of printing, folding, stuffing, stamping and mailing. But membership continued to grow and I was unable to capitalize on my increased efficiency.

We are heading towards 600 members. Each dues invoice takes me about 4 minutes to enter in the computer and send to Larry Prater, MD. Unfortunately, when I have had others do the job, disasters have often followed (e.g., the secretary who confused the "copy previous file" function with the "change file" function. I found the whole database filled with duplicate after duplicate files that had to be manually matched and deleted.) 600 invoices take 40 hours of work at the computer. The layout of the Newsletter now takes only 15-20 hours four times a year. But I have added the Convention Guide (60-80 hours), the Directories (30-40 hours), the Convention Booth (20-30 hours). Then there are a few extraordinary projects thrown in here and there further increasing the cost in time.

From the beginning I have maintained a policy of paying our vendors immediately giving us good will when I present with deadlines that have to be met. I use to maintain a balance of \$700-\$800 at any one time that would be owed to me by AGLP. Now it has grown as high as nearly \$5,000.

The reason I am describing all of the work I am doing is not to get a pat on the back - so many of you do that regularly and those pats are deeply appreciated - but to say to the membership that we are getting too big for one volunteer person to handle the day to day work of AGLP. It is time that we hire a part time staff. We have crossed that very expensive Rubicon which, in the life of our organization, to grow further, we need professional staff. Our leadership deserves that level of support so that so many of our good ideas do not fall through the cracks for lack of follow through. The increase in dues to \$100 next year is the first step towards this objective.

I would like to retire from my many jobs after 10 years of service. I would consider it a distinct mark of accomplishment to be able to pass my computer disks on to a new professional staff in 1995. It is possible. It is time.

The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor
David Scasta, M.D.

Published quarterly and as needed from:
1439 Pineville Road, New Hope, PA 18938.

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The views expressed in the Newsletter are those of the writer and do not necessarily

represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Editor, Newsletter of AGLP, 1439 Pineville Rd., New Hope, PA 19146. Submissions should be clearly readable. Submission on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used.

Submission become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

OFFICERS OF THE ASSOCIATION OF GAY AND LESBIAN PSYCHIATRISTS

President	Marjorie Sved, MD
Vice President	Daniel Hicks, MD
Secretary	Rochelle L. Klinger, MD
Treasurer	Larry M. Prater, MD
Past President	Marshall Forstein, MD

President's Column Margie Sved, M.D.

"Don't ask, don't tell, don't pursue." I write my first column for the Newsletter as AGLP president just after our nation's president announced the "new official policy." I had hoped that I would be able to start this column with the good news that the discriminatory military policy had changed. Instead, I can only remind us how hard we have to continue to work daily. The issue of discrimination against lesbians and gay men in the military is still with us and will be for a long time. We still need to write letters to President Clinton, to our senators (yes, even mine [Editor's Note: Jesse Helms]), and to our representatives, to express our disappointment and outrage. But more importantly, we need to work on the next steps. First, President Clinton and others had no idea of the depth of hatred against us, and how difficult it would be to make what seemed to be a simple but necessary step allowing those lesbians and gay men who want to serve their country in the military to do so. We need to work in whatever ways we can, to show others we are just regular people and just asking for the same rights as everyone else has. But, specifically right now, we need to write our senators and representatives to support that no law is needed by Congress to codify this "new" policy. If this policy is made into law, it will be much harder to change. In addition, we still need to write letters to APA officers and staff, especially Katherine Becker, thanking them for their time and effort so far on this issue. We also need to remind them that the work isn't over yet.

I hope few of us have a personal "don't ask, don't tell, don't pursue" attitude. Please "ask, tell, pursue" whether about AGLP, APA or local, state or national issues. Do ask if there is something I can do, something I can address on behalf of AGLP, something the APA needs to address some way AGLP/APA can help you. Do tell, whether it is something you would like to see AGLP do, something you would like to do for AGLP or The APA, or one of the many times you can choose to come out as a lesbian or as a gay man, or as a gay/lesbian psychiatrist. Do pursue any issue important to you, whether with me, AGLP, the APA or whatever.

The military issue distracted from the things I had planned to say in this first column! People have referred to me as a "second generation" AGLP president - someone who has not been with AGLP from the beginning. I was one of those people who knew AGLP existed for several years before I could find it. I had believed that the APA was made solely of conservative heterosexual white men. I had joined the APA while I was still a resident because I am a jointer and because I somehow thought it was my duty, but I never expected to attend an APA meeting. But I did join AAPHR (American Association of Physicians for Human Rights) and became active, struggled as one of the first women on that board. And, then I think I went to an APA meeting because AAPHR chose to have one of its board meetings at the same time and place as the APA. I quickly found AGLP then - as well as positive things about the APA. One of my goals as president is to make sure that anyone can find AGLP easily. In addition, I hope that AGLP can be an organization that clearly benefits all our members, including, or especially, those who cannot attend APA conventions, where so much of our activity, collegiality, support and friendship occurs.

There are many tasks for AGLP in the coming year. We now have a good number (but of course, never enough) of our members involved in APA committees, councils, commissions and even some in the Assembly - and everyone's role is important. Each of you is AGLP, and we need to work together to make sure that we are heard wherever and whenever necessary. Also, let me know if there is anything for which AGLP or I can help. And, do let Jerry Wiener, M.D., the incoming APA President, know if you are interested in serving on a component.

It is clear that we have outgrown being essentially a volunteer organization run out of our officers' homes and offices, using our limited time

and resources. We do need an AGLP office and staff member, and I am committed to seeing that happen during my presidency. I have already begun talking with APA about some possibilities for office space. I hope to present a plan, with budget and timeline, at the Fall Meeting.

Speaking of the Fall meeting, I want encourage anyone who can, to come to the AGLP meeting in Washington, DC September 10-11, 1993. This meeting always occurs in Washington in September in conjunction with the APA component meetings. See page one of this newsletter for details. The Fall Meeting always provides good opportunities for anyone who wants to become more involved in AGLP and is a good time to get to know each other better. In addition to planning for next May's APA Annual Meeting, I hope we can talk about things like reviving a committee structure, providing support for local groups and involving more people in the activity of AGLP.

If you get a chance, read the article by John-Manuel Andriote, "Shrinking Opposition," in the Fall issue of 10 Percent. As important as many of us find telling and retelling our personal "coming out stories," it is also important to tell and retell our organization's history; and to remember our founders, our past presidents, and our friends. I hope we will continue to have time for sharing both what each of us is currently doing in our hometowns and states, as well as, some of our history at every meeting.

APPLICATION FORM

Caucus of Homosexual-Identified Psychiatrists

American Psychiatric Association

(CHIP is the official APA minority caucus for gay and lesbian psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

* APA Membership Status: _____

Please enroll me in the Caucus of Homosexual-Identified Psychiatrists.

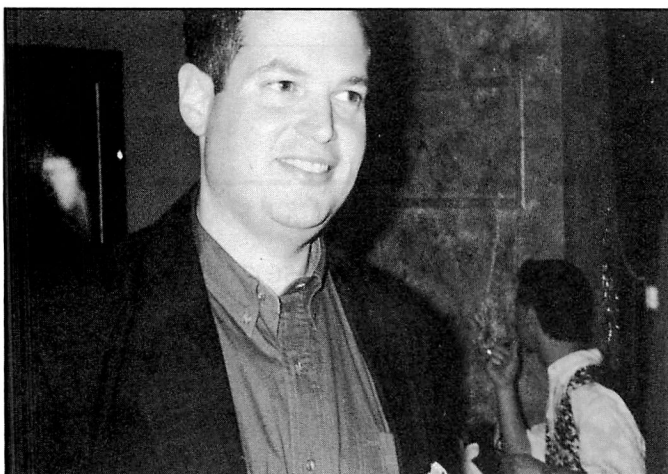
Signed: _____ Date: _____

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

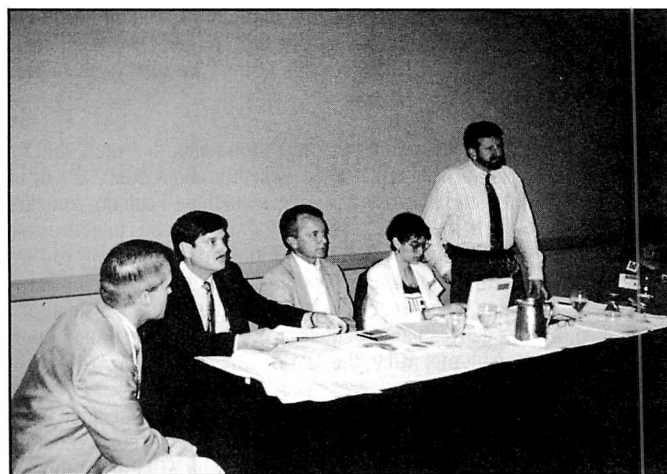
* Member-in-Training, General Member, Fellow, Life Member, Life Fellow



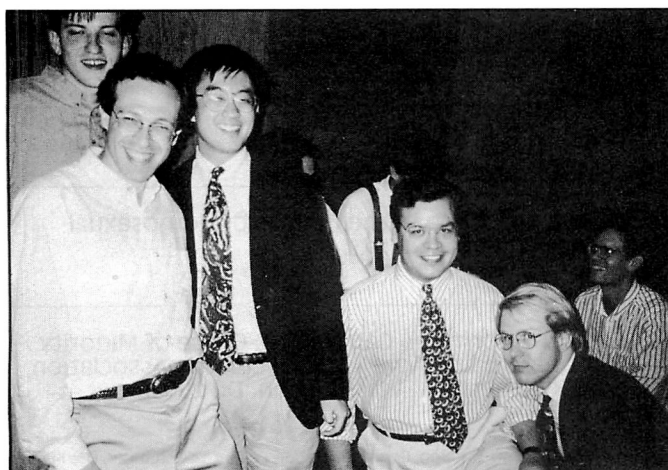
WASHINGTON
1993
Convention
Highlights



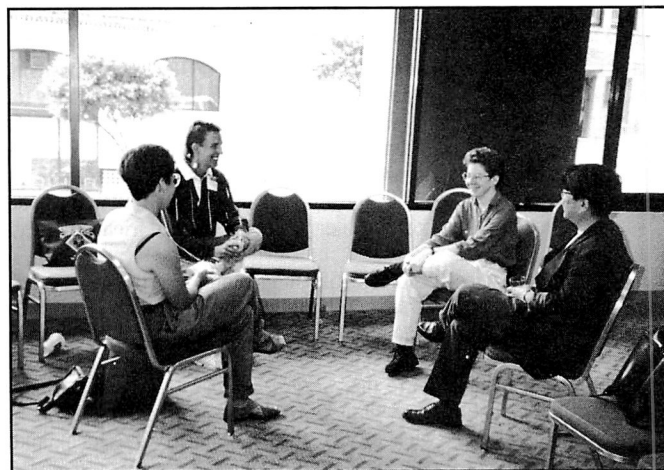
Dan Karasoc, MD, in a calmer moment; Dan played the pivotal role of chair of the San Francisco Local Arrangements Committee.



The Executive Board: (l) Hicks, Scasta, Prater, Klinger, Forestein, & Sved at the membership Meeting on May 24th.



Residents and medical students at the closing party at the City Club



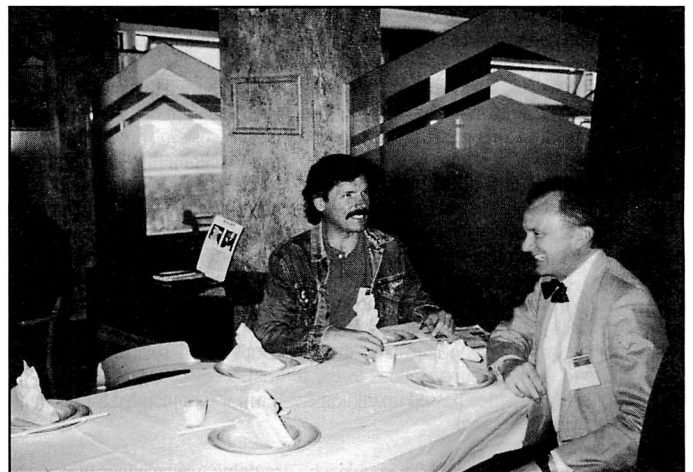
Women residents group process before combined meetings with medical students and residents



Stephen Lampe, MD compares notes with Phil Cushman, MD at the AGLP booth in the Moscone Center



Margie Sved, President-Elect assumed the duties of President on May 25th with the close of the annual membership meeting



Don Fennel, MD and Larry Prater, MD relegated to the overflow room off the main dining room at the Awards Banquet because of an overflow crowd



John DeCecco, PhD. at the podium in a joint APA/AGLP review of changing perspectives on homosexuality



Significant Others talk about their you-know-whos

AGLP Membership Meetings San Francisco, California May 24 - 25, 1993

Both meetings were called to order at the Parc 55 in San Francisco by President Marshall Forstein, M.D.

1. The CHIP (Caucus of Homosexual Identified Psychiatrists) Meeting was held just prior to beginning the meetings for AGLP. CHIP voted to change its name to the Caucus of Lesbian, Gay and Bisexual Psychiatrists. Margie Sved, M.D. was elected president of CHIP and James Krajeski, M.D. and Robert Cabaj, M.D. were nominated for CHIP representative to the Assembly of the American Psychiatric Association. Ballots will be mailed to CHIP members.

2. The Executive Committee (Marshall Forstein, M.D., President, Margie Sved, M.D., President-Elect, Daniel Hicks, M.D., Vice President, Larry Prater, M.D., Treasurer, Shelly Klinger, M.D., Secretary and David Scasta, M.D., Newsletter Editor) was introduced by Marshall Forstein, M.D.

3. Reports

a. treasurer. Larry Prater, M.D. distributed current expense and income/asset data which revealed that income was marginally keeping up with expenses. The need to consider a dues increase for future projects was raised.

b. minutes from last meeting were accepted unanimously.

c. newsletter/membership David Scasta, M.D. reported that membership continues to grow at about 100 members per year. \$2035 in donations for medical student travel was gratefully acknowledged. The costs of producing both the Newsletter and the Journal of Gay and Lesbian Psychotherapy is going up. The next volume of JGLP will cost AGLP about \$8,800 (\$22/subscription vs. \$15 now). (It would cost an individual \$36 to subscribe.) Haworth will put a membership form for AGLP in their advertisements for JGLP which will reach 33,000 psychiatrists around the country. Article submissions are booked up for next four issues, including issues 3 & 4 which will be on affirmative psychotherapy with gay men to be marketed by the Psychotherapy Book Club (Jason Aronson) to counter Nicolosi's book on "reparative Therapy" for gay men. The following volume may include two issues on affirmative psychotherapy with lesbians. A motion was made to continue subscriptions to the Journal necessitating at least a \$7 dues increase/year which passed unanimously. David was applauded for his ongoing work with the Journal.

Dan Karasic asked for people who are doing presentations at next year's meeting to sign up with him to network and to mentor new people.

d. medical students. Salman Azhar, M.D. thanked AGLP for support and funding. The new medical student representatives, Martha Link & James Schmidberger, were presented. Marshall reviewed our commitment to medical students in AGLP. AGLP will be involved in the APA's recruitment of medical students into psychiatry.

e. residents. Howard Rubin, M.D. described a successful brunch with medical students at Jerry Polansky's. Donna Lohman, M.D. will be new lesbian representative. The residents identified the need for advanced training from senior AGLP members on psychotherapy with gay and lesbian patients. This would be an opportunity for both gay/lesbian residents and non-gay residents to get advanced supervision on this work. Marshall suggested a case conference for residents in the general APA structure and asked for volunteer faculty. He will call the Scientific Program Committee to determine the format. Residents were interested in a gay/lesbian/bisexual fellowship like the one at New York University or other places, e.g. University of California at San Francisco. Marshall noted there was also a fourth year resident position at Fenway Health Center. Howard raised the issue of the dearth of women in the medical student and resident groups, and questioned how best to address this issue. Kenn Ashley, M.D. noted that this issue has also arisen for psychiatrists of color and early career psychiatrists.

f. early career psychiatrists. Rob Clyman, M.D. indicated that ECP's would like to have more of a role in AGLP and were not sure how to accomplish such. Marshall Forstein, M.D. noted that planning of the Fall and Annual Meeting is a job with lots to do that gets people involved quickly.

g. psychiatrists of color. Debbie Carter, M.D. reported that a support group meeting was scheduled for May 24 along with a party that night. She indicated that lesbian attendance was low. There may be a symposium in Philadelphia next year by the group.

h. women psychiatrists. Margie Sved, M.D. said that there had been a good turnout for the lesbian dinner and reception and more women are joining AGLP. Margie noted that AGLP is making progress with getting more women involved, but that it was not always obvious. Martha Link, M.D. suggested that there be a women's column in the Newsletter. Peggy Hanley-Hackenbruck, M.D. noted the ongoing discomfort of women at the opening reception particularly. Maybe we need to consider some other structure for our opening reception which would facilitate people talking more intimately. Marshall noted that the opening reception is not really an AGLP function - that lots of APA people come. Peggy felt that maybe AGLP is sufficiently legitimate now (the reception was the road to legitimacy in APA), to scrap it and move on to something more intimate for us, inviting APA people to the closing party instead. Marshall suggested this be brought to the annual meeting planning group to reconsider options and bring it back to the Fall Meeting. Donna Lohman, M.D. asked for time to be set aside at the Fall Meeting to discuss this issue. Donna Orvin, M.D. agreed with Peggy's suggestion and would be willing to work on it. The major financial outlay for opening reception was also noted.

i. significant others. Grace Bullen said the SO's had fun, plan to have more fun, and have some suggestions for next year's program. Doug Duckett is Grace's co-representative.

j. HIV positive psychiatrists. Tom Mills, M.D. reported that the HIV+ Psychiatrists group had met the previous night. The group was small (7 people). They discussed their knowledge that many people who they know are HIV positive do not come out as such and come to the meetings. The group discussed changing the format from a support group, which could be "pathologized" to something more social. Plans for next year include: continuing the support group, putting together a workshop on professional development in HIV positive psychiatrists (i.e., that they exist), and a non-threatening, non-intrusive dinner party. Dan Hicks, M.D. asked if there was any outreach to straight HIV positive psychiatrists, Tom felt the group was not yet there in terms of strength. The group will put names in the Newsletter re: who to write to with issues and suggestions.

k. Lesbian and Gay Child and Adolescent Psychiatrists. (LAGCAP). Rob Pinney, M.D. indicated that a reception and business meetings were held here and at the Child Academy. AACAP has been very open; up and coming child and adolescent fellows have been very active. Bill Womack, M.D. is the chair of the standing committee. AACAP has come out with a detailed affirmative action policy. They have fun, too and a mid-winter meeting in Palm Springs.

l. gays in the military. Dan Hicks, M.D. noted that this is an ever-changing issues and the battle is ongoing. Barney Frank's (rep. MA) suggestion regarding the "Don't ask, don't tell" stance, does not solve everything, but may be an interim stance. President Clinton cannot necessarily lift the ban even though he wants to without the support of Congress and the Senate. A worse backlash may actually occur via retrogressive legislation. Jeff Akman, M.D. noted that as psychiatrists we find it is difficult to support this compromise from a mental health viewpoint. Dan noted that even though Truman signed the executive order for racial integration in 1948, it has not been fully implemented and did not get teeth until the 1960s and the civil rights movement. The APA has been very helpful, particularly Carolyn Robinowitz, M.D. and Katherine Becker. The military psychiatrists, in general, are allies but cannot officially fight against their own system. Keep calling and phoning your senators and representatives, especially if they are on the Armed Services Committee. Gay and supportive non-gay veterans are particularly helpful in this regard. Dan noted that many military people are very ignorant about homosexuality and educating our communities is really helpful. Terry Stein, M.D. asked if AGLP could more systematically supply articles and speakers for education and fighting legislation. Phil Ballen, M.D. wondered about the need for a legal action committee to keep tabs on regressive legislation sponsored by the religious right and respond to this. Marshall asked Phil to take charge of this committee and appoint a co-chair. Carl Clark, M.D. noted that since this entails time and money, we need to reassess these issues. Marshall noted that we can join in and contribute to existing organizations rather than start a new one. Ron Winchell, M.D. then produce pre-written letters for

people to fill out at the meeting regarding: the Kaplan & Saddock text, the NIMH report on gay/lesbian adolescent suicide, and on the military. He gave the following tips: handwritten letters are best, and use heavy bond paper because they actually weigh them to tabulate responses rather than count them..

4. Introduction of Elections:

Current slate: Dan Hicks - vice president
Larry Prater - treasurer
Shelly Klinger - secretary
David Scasta - newsletter editor

Nominations from floor: Dan Karasic for V.P.

David Scasta, M.D. noted his desire to retire from his demanding job as Newsletter Editor and membership chair within the next year or two. Ron Winchell, M.D. suggested dividing up David's job in the future. Marshall noted his wish to hire a half-time staff person so that we can continue to grow and be politically active via increasing our membership and presence in Washington. Marshall suggested forming a task force to look at this and possible funding options.

5. Committee on Gay Lesbian and Bisexual Issues. Richard Isay, M.D. noted continued work on the use of "reparative therapy" and liaison with other committees on this issue.. The Committee on Abuse and Misuse of Psychiatry will put out a white paper. He reported meeting with committee on practice of psychotherapy and a plan for a joint position statement. International psychiatry was addressed by a position statement to World Psychiatric Association. Domestic partner insurance coverage continues to progress. Further work on AMA non-discrimination continues. California will reintroduce a motion on non-discrimination this year. Bob Cabaj, M.D. is also working with the chairman of the Ethics Committee on reparative therapy. Dick Isay's tireless leadership was applauded.

Ron Winchell, M.D. suggested a motion introduced by Jack Drescher, M.D. for a task force from AGLP to survey psychiatric textbooks regarding their treatment of gay and lesbian issues. The committee should assemble a list of textbooks used in medical school and psychiatric residency curricula, survey them, find out time-tables for publication, talk to publishers and submit references and suggestions for change. Medical students and residents have already been active in this (Jill Tidman, Gene Nakajima, M.D. Howard Rubin, M.D. etc). This could also turn into a presentation and a journal article. The APA staff may be able to help with conference calls through the CHIP. Marshall appointed Ron as the chair to assemble a task force. He also asked Ron to submit a report to date of what the New York based committee has done so far. Sally Herbert and Bill Womack are doing the same thing in the pediatric and child psychiatry textbooks. The Newsletter can be a medium to communicate in between meetings.

Gary Kramer, M.D. noted the proliferation of proprietary gay and lesbian psychiatric and substance abuse programs and whether they were credentialed or could be by AGLP. Jeff Akman noted that NLGHF is working on this. Bob Cabaj announced that APPI has authorized him to edit a 63 chapter textbook on Homosexuality.

Marshall asked people to share what they've been doing on the home front: Paul Lynch, M.D. from Boston announced he was recently accepted as the first openly gay psychoanalytic trainee at the Boston Psychoanalytic Institute. Sasha Benton, M.D. from NYU announced that he would be their first fellow in gay/lesbian/bisexual psychiatry. Mark McClung, M.D. consulted to the Boy Scouts clarifying myths about pedophilia in gay men. They are meeting with him again to discuss sexual orientation and biological theories. Local gay and lesbian psychiatrist groups in LA, NC, Boston, N. Cal were noted. Gay/lesbian/bisexual residents are meeting monthly in S.F. Marshall Forstein, M.D. noted that he did NOT take over as chair of psychiatry at Tufts. That person is Marshal Folstein, who has not enjoyed being confused with him. David Scasta, M.D. noted there are more than 100 people at this membership meetings - the largest number ever. Jeff Akman, M.D. noted that Washington, D.C. has repealed the sodomy laws, but the lack of statehood means the Senate has to approve it and it will probably be repealed. Please support D.C. statehood. Jeff is presently President of Whitman-Walker Clinic specializing in health care to the gay and lesbian communities in Washington..

Members who died last year were acknowledged. Marshall spoke of Stephen Woo, M.D., and Shelly Klinger, M.D. spoke of Mark Richardson, M.D. - two members who will be sorely missed.

Marshall passed around a MERP (Medical Expertise Retention Program) sign-up sheet which would allow Ben Schatz at AAPHR to contact volunteering members to

determine if he or she could take on an HIV infected health care practitioner for short-term counseling.

6. AIDS Commission. Marshall Forstein indicated that the APA Commission on AIDS was focusing particularly on children and adolescents, women, and the chronic mentally ill and was working on this with NAMI.

David Scasta, M.D. presented information regarding the Annual Meeting in Philadelphia in 1994. Philadelphia has a new convention center but hotel rooms have not kept up. John Fryer, M.D., who is on the APA local arrangements committee, indicated that hotels are already being lined up as far as 40 miles outside of Philadelphia. AGLP therefore needs to make hotel arrangements early. David indicated that AGLP is trying to line up a hotel now - more expensive Embassy Suites at \$145-160 per night (which is just being opened in May, 1993) vs. the Quality Inn in Chinatown providing a whole hotel at about \$90/night. However, the Quality Inn may be bought out by Ramada Inn and be refurbished by them so that the price or even availability could not be guaranteed. The consensus of the membership was to line up the Embassy Suites but continue to look for less expensive housing. Philadelphia volunteers are needed for the local arrangements committee.

Members were encouraged to come to the Fall Meeting Sept. 11 to help with planning (50 people said they were coming). Some would be willing to meet half day Sunday as well.

7. Dues. The option of raising full member dues to \$100, with part of the money to be put away in a reserve trust fund expressly for a staff member and D.C. office was presented to the membership by the Executive Board. Jeff Akman, M.D. noted he would be willing to pay more, e.g., \$125, as AGLP is very important to him. Terry Stein, M.D. did not agree with increasing that much until we have a specific plan regarding a staff person and office. Jack Drescher, M.D. and others agreed, cautioned regarding a possible loss of membership in raising dues. Bob Cabaj, M.D. wondered about the possibility of a higher dues category, e.g., "supporting" member for members who wanted to give more. Consensus was to go to \$100 for now. (In by-laws, dues are set by the Executive Board). Resident and medical student dues would not change. The brochure will reflect increase in dues in next billing cycle.

8. Elections. There were no further nominations. Slate as above. Uncontested offices were voted on and approved. Dan Karasic and Dan Hicks gave short statements regarding their plans for the office of V.P. W. Dan Hicks was re-elected vice-president

9. Outgoing Presidential Remarks. Marshall Forstein, M.D. asked that people be very active even if they're not on the Executive Board: be involved at the Annual Meeting, the Fall Meeting, and in between on task forces and committees. Get involved! Marshall thanked the membership and the Executive Board, noting how much he had learned and how fortunate and supported he has felt. He noted how much and how quickly we are changing with lots of new people and issues. The backlash is also here, and we need to be ready for it, to be politically as well as therapeutically active. Marshall enjoined newer members to make AGLP their own - keep pushing against inertia. He received a rousing round of applause. Jeff Akman, M.D. made a formal motion to acknowledge Marshall's contribution to AGLP.

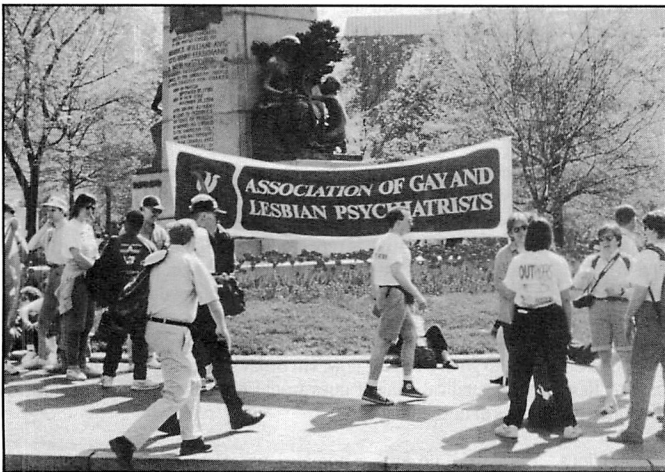
10. Incoming Presidential Remarks. Newly installed president Margie Sved, M.D. thanked the membership for their support in making her the second female president of AGLP. She noted that she is the first of the second generation, not part of the original founders, noting her commitment to continue to honor our founders and past presidents. Margie thanked Don Fennel, M.D. for getting her involved in AAPHR and then AGLP when they were residents. Margie noted our need for more organizational use of our energy, to involve more people, to move as quickly as possible toward a staffed office, and to assess the possibility of an auxiliary meeting and regional groups. She encouraged members to call or write her, and encouraged use of the Newsletter between meetings. She thanked her partner Grace Bullen for her help and support.

Meeting was adjourned at 7:05 PM.

Respectfully submitted,
Shelly Klinger, M.D.
Secretary, AGLP

The March on Washington for Lesbian, Gay and Bisexual Rights and Liberation

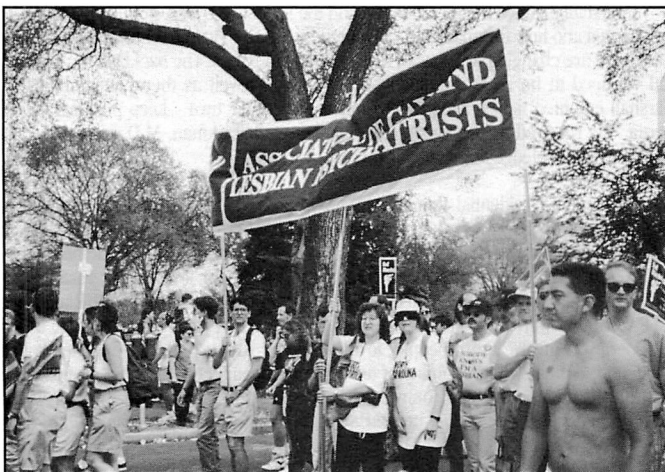
April 25, 1993



Congregating in Lafayette Park, before marching to the Ellipse to queue up



Where the hell is section 64?! Finding our place on the Ellipse proved to be a formidable task as the medical groups followed one bogus direction after another before finally finding their spot.



Hurry up and stand - forever! Four hours of standing in summer-like heat. Bob Batterson and Lenny Rubin stick it out as banner carriers despite the heat, the boredom and limited water. President Margie Sved takes a turn at relieving the droop in the middle of the banner as the weight of the banner unrelentingly wears at the stamina of the banner carriers.



Finally, we're off and marching. Over 50 members distributed between AGLP, AAPHR and their local groups marched in the largest gay march on Washington, ever. In 45 minutes, it was over. But the message reverberated through the local media for weeks afterwards.

HIV Positive Psychiatrists Mark Cooper, M.C.

At this years APA meeting in San Francisco, as at past meetings, the only event scheduled to address the needs of HIV positive psychiatrists was a single support group. Only five psychiatrists were in attendance. A great deal of discussion centered on why so few people were present and what this meant. We know that there are many more psychiatrists living with HIV.

It is clear that many psychiatrists continue to practice successfully for many years in spite of their HIV infection. Understandably, most choose to remain circumspect about their HIV status due to fear of losing their practice or being discriminated against by their employer. However, we are often faced with decisions that are stressful and to which there are no definitive answers. For example, at what point will you make the decision to stop practicing medicine? How do you deal with those pesky pre-employment physicals and health evaluations if you don't wish a new employer to know your HIV status? What do you do if you are asked your HIV status in an employment interview?

In major cities, such as New York, support groups exist for HIV-positive physicians where people can get practical advice about these matters. AAPHR has set up MERP, the Medical Expertise Retention Program, to provide direct services and assist HIV-positive physicians and health care professionals on a national level. However, we feel that more can be done through AGLP to provide support for and get information to its HIV-positive members, especially those who may practice in areas without an active support network.

We are proposing that there be increased programming specifically addressing the issues faced by HIV-positive psychiatric health care professionals at next year's APA meeting. We would get information without necessarily having to reveal their own HIV status.

We are considering a symposium or workshop sponsored by AGLP as well as a workshop in the regular APA program. We feel a workshop in the regular APA program is important because people who may need information are not necessarily members of AGLP. We envision a panel composed of HIV-positive psychiatrists who are willing to share their experiences, a representative from MERP, if it can be arranged, to discuss their program and perhaps a group leader of a support group for HIV-positive physicians.

We would appreciate suggestions and feedback as well as help in planning this from interested members. Feel free to contact any of us listed below. This contact will be confidential unless otherwise specified. See you in Philadelphia!

Mark D. Cooper, M.D.
(H)212-685-2994, (W) 718-685-2994

305 E. 24th St., #11V
New York, NY 10010

Paul Browde, M.D.
(H)212-866-1939

700 West End Ave., #15D
New York, NY 10025

Marshall Stiles, M.D.
(H)303-831-7159

1085 Lafayette St., #805
Denver, CO 80218

Thomas Cooke Mills, M.D.
(H)415-282-9367

549 Jersey St.
San Francisco, CA 94114-3612

AGLP Membership Application Form

Name: _____

Degree: _____

Preferred first (nick) name: _____

Address: _____

City: _____

State: _____ Zip: _____

Country: _____

Membership Status: _____

(Full Member - \$75.00, Associate Member - \$75.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$15.00)

Date membership status changes: _____

Are you a member of the American Psychiatric Association? _____

Special Instructions: _____
(e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members? _____

Do you want to be a NON-CONFIDENTIALLY LISTED referral source? _____ If yes, fill in office address and phone number and list specialty information below.

OPTIONAL

Age: _____ Gender: _____ Ethnicity: _____

Home Phone: _____

Office Phone: _____

Home Address: _____

City: _____

State: _____ Zip: _____

Office Address: _____

City: _____

State: _____ Zip: _____

Make check out to "AGLP" and mail to:
AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Speciality: _____

LGBPM Residency Survey

AMSA's Lesbian, Gay and Bisexual People in Medicine is compiling a list of residency programs and their attitudes toward lesbian, gay and bisexual residents along with information about support services in the surrounding community. Members-In-Training are encouraged to help by completing the following form describing his or her experience as a resident in a particular program. All surveys will be reported anonymously. Feel free to make additional comments, or to copy the form to distribute to other residents.

Program: _____

Specialty: _____

How long have you been in the program?

_____ years _____ months

When you applied to this residency program were you out:

_____ On your personal statement?

_____ On your c.v.?

_____ In your interview?

Do you know of other lesbian, gay or bisexual (LGB) residents or faculty? If so please indicate the approximate number.

_____ Faculty?

_____ Residents?

Attitude of Medical Community

Please respond to the following questions using this scale:

- 1 = supportive / very positive
- 2 = mixed but generally positive
- 3 = very mixed
- 4 = mixed but generally negative
- 5 = hostile
- NA = not able to judge at this time

How would you rate the general attitude of the staff and faculty toward:

LGB Patients?	1	2	3	4	5	NA
LGB Physicians?	1	2	3	4	5	NA
You Personally?	1	2	3	4	5	NA

Resources

How would you rate the availability of information about LGB resource individuals and local support services (in the medical center and surrounding community)

_____ I have not inquired much about this

- _____ 1. Multiple faculty members / colleagues openly and readily provide information about LGB faculty contacts and / or local groups and services.
- _____ 2. Isolated members of the program or medical community provide me with information about local groups and services.
- _____ 3. Printed university materials and / or university LGB group are primary sources.

_____ 4. Information about local community resources must be acquired from sources outside of the medical and academic communities.

_____ 5. To my knowledge little or no information is available.

Is there a local LGB newspaper?

_____ Y _____ N _____ Don't Know

Please list the groups or resources that are available in the community highlighting services associated with the university or medical institution.

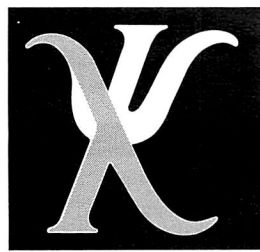
How would you rate the overall comfort level for prospective LGB residents?

- _____ 1. Very high. Differences in sexuality are fully appreciated and supported by people connected with this residency program
- _____ 2. High. One could feel comfortable being fully out but some tensions exist with a minority of people.
- _____ 3. Moderate. One could be fully out, but LGB visibility is expected to be low.
- _____ 4. Low. One could be out but should be cautious since hostilities exist with some of the faculty and colleagues.
- _____ 5. Very low. One must behave in a closeted manner to make it in this program.

Is there anything else you would like to tell us about the program or any comments you wish to make regarding this survey?

Would you be willing to be a contact person for LGBPM members interested in this program? If so please give your name, current address and phone number below. (This information will go only to LGBPM members who request it):

Please mail to: Jay Nierneberg, 153 Hamilton St., #2, Rochester, NY 14620.



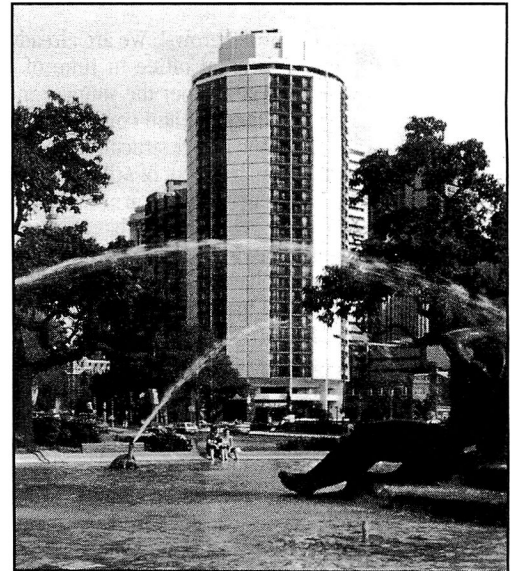
Association of Gay and Lesbian Psychiatrists

VOLUME XIX(4): DECEMBER 1993

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Embassy Suites Hotel, with a perfect downtown location, has all Philadelphia just steps away.



Make Reservations for Philadelphia Now

This year Philadelphia opened one of the most spectacular convention centers in the country. Combined with a restaurant renaissance that began in Center City ten years ago and a city replete with history and culture attractions, Philadelphia promises to make the transition from a little, somewhat dowdy, New York, to a first rank convention city in its own right. The central focus of the gay community (which is large and varied) is surrounded by the Convention Center and convention hotels where the American Psychiatric Association Annual Meeting will be held from May 22-26, 1994. While the Convention Center is ready, the hotel accommodations for large conventions are not. Hotels are being built frantically but not enough rooms will be on line at convention time.

For that reason, AGLP has made separate and early arrangements for hotel space at the brand new Embassy Suites Hotel (1776 Benjamin Franklin Parkway, Philadelphia, PA 19103). All rooms are suites containing a kitchen, living room with sofa queen size bed, a bedroom and a private balcony. All rooms include a free, full course breakfast and free cocktails at happy hour. The cost per room is \$145.00 per night for a single plus \$15.00 for each additional person. Two couples can stay in the suite without major inconvenience since the bedroom and living room (with the sofa bed) can be closed off from each other.

The hotel is more luxurious and expensive than those traditionally reserved by AGLP. However, with rooms being blocked out by the APA 15 miles away, AGLP decided to take advantage of an offer for space at the Embassy Suites when we became aware that virtually every hotel in Center City is being reserved by the APA housing bureau. The Embassy Suites is across the street from the Wyndham Franklin Plaza Hotel, which is the main hotel of the convention and the site of many of the educational programs. It is about eight blocks from the convention center and about 15 blocks from Independence Hall. The Preconvention, Opening Reception and the Hospitality Suite will be located in the penthouse of the Embassy Suites. This year, in addition to a large hospitality suite, we will have the use of two conference rooms for group meetings during the convention.

Because the shortage of rooms promises to be severe and acute, make your reservations NOW! Don't wait. AGLP has approximately 100 suites reserved but will have to give them up near convention time. They will be snapped up immediately once that happens. To reserve your space, call the Embassy Suites Hotel directly at (215) 561-1776 or fax reservations to (215) 963-0122. Be sure to ask to be placed in the "AGLP block" of rooms. The AGLP Pre-convention will be held on Saturday, May 21st. Our closing party will be on Wednesday, May 25th. The convention closes on the 26th.

Editor's Column:

David Scasta, M.D.

My, how AGLP grows! We are already making plans for opening a national office in June of 1994. During the Fall Meeting, a number of the younger members were expressing some frustration and concern about the difficulty of breaking into the power structure of AGLP. Now positions such as the President and Vice President of AGLP are now being sought after! For years, we filled these positions by arm twisting, pleading, bribery, and if necessary, blackmail. The problem has not been to find someone willing to assume the title; the problem has been to find someone who is capable of doing the work. I have worked with five different presidents of AGLP, and I have found that they have differed markedly in their strengths and capabilities. The growth of AGLP has been dependent upon officers being willing to work hard and to get jobs done on time. To a large degree such officers have been the norm rather than the exception. This remarkable feat has been accomplished through an informal system that, by fiat, is designed to weed out incompetency for task. When we would find ourselves faced with the question, "Who should be the next president?" those members who were known to the Executive Board were generally the only ones considered. The Executive Board would choose a member who had been active in AGLP, and whose work qualities were known, to recommend to the Nominating Committee. It was not that the Board wanted to exclude people who were not part of the "old boys/girls network;" it was rather that the Board did not want to select someone whose skills were unknown and might not get the job done - severely crippling AGLP until the next election. All it takes is one inept or unskilled administration to undo months or even years of progress. The risk has been too great to select unknowns. (Having said that, I must admit that when I was selected in the "early days" as Newsletter Editor, I was a complete unknown.)

AGLP has grown to the point that offices now have a level of prestige that they never had before. In order to keep from being hindered and even torn apart by the factionalism and power brokering that has affected so many gay organizations, I believe AGLP has to broaden its power bases to include more of the membership. In short, the structure has to become a higher pyramid developing a whole new level of middle management tasks which serve as the training ground for the duties of the Executive Board and as a clear path for those who want to be more involved in the power structure of AGLP. To a large degree, we are already doing that.

Rob Clyman, M.D., on graduating from resident to full member status felt that the issues facing him as a young attending, just starting out, were distinctly different from the issues facing more established members. He also felt, I think, a loss of his connection to the resident and student groups. As a result, he and others formed the Early Career Psychiatrists to ease the transition from resident to becoming one of us old, "establishment types." Rob Pinney, M.D. has been unstoppable in his enthusiasm for forming the gay child and adolescent psychiatrists into another subgroup. The group has grown into a full fledged organization, called LAGCAP. Gene Nakajima, M.D. began as a student member, pushed AGLP to devise a system to support medical student travel to the conventions and began to send AGLP brochures to every AMSA student. The medical student group grew rapidly and became the basis for the resident group as its members graduated into their residencies. Mark Townson, M.D. (one of those "unknowns") was given the job of local arrangements coordinator for the New Orleans annual meeting as a resident because we did not have anyone else in New Orleans. He did such a marvelous job that he has been appointed to APA committees, assigned to a variety of educational and scientific programs and utilized by the residents as a major spokesperson. It is from the ranks of people such as these from which our next leaders will come.

There is not enough room in this article to describe all of our members who have been laboring in the trenches helping our organization to expand and grow. But the tasks that need to be done - and should be done - far surpass the pool of those who are available to do them. Margie Sved, M.D. as president, is planning an expansion of appointed boards to help accomplish these tasks and to get more people involved in AGLP. If they are structured well, there will be a clear rite of passage through which all of our future leaders will go through: first proving herself or himself in the committees (getting the day to day work of AGLP done), then assuming Executive Board positions.

In my last article I indicated that I wanted to resign as Newsletter Editor at the end of 10 years and pass many of my current activities on to a professional staff. I was very pleased to discover that we will be able to hire that staff within the next year. To further that end, this is the first Newsletter that I did not personally layout. Roy Harker, a professional graphics artist who has worked with AGLP for years, is performing that task so that the next Newsletter Editor will only have to worry about text and grammar, and not layouts and mailing lists. My article may have left one misconception, however. I am not saying good-bye to AGLP. My health is good and, with your permission and support, I intend to be active in AGLP for years to come at a variety of tasks and levels. One of those tasks will be to welcome you to Philadelphia in May. I hope you are making your reservations for Philadelphia now as we in the Philadelphia area are excitedly looking forward to hosting the convention. Expect the best.

David Scasta, M.D.

The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor
David Scasta, M.D.

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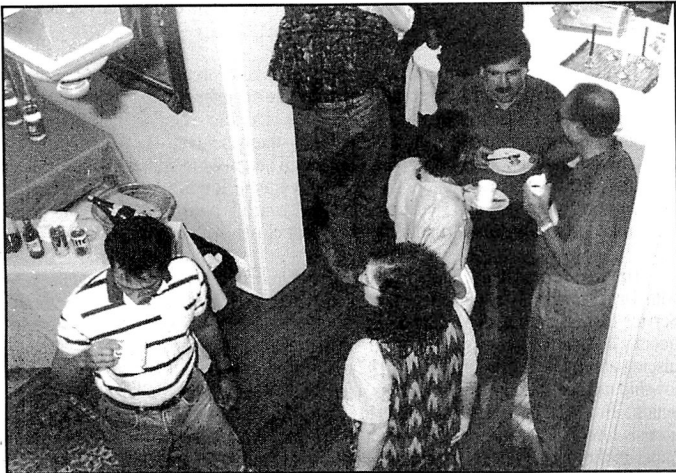
INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Editor, Newsletter of AGLP, 1439 Pineville Rd., New Hope, PA 19146. Submissions should be clearly readable. Submission on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used.

Submission become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The Newsletter reserves the right to make editorial changes and to shorten article to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

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President	Marjorie Sved, MD
Vice President	Daniel Hicks, MD
Secretary	Rochelle L. Klinger, MD
Treasurer	Larry M. Prater, MD
Past President	Marshall Forstein, MD



Margery Sved confers with members at the Fall Meeting Dinner Party at Jeff Akman's house

President's Column:

Margie Sved, M.D.

I enjoyed the Fall Meeting in Washington, DC, my first real task as President, and cannot believe two months have already passed! There were new faces at our Saturday meeting, and others were notable by their absence. The minutes are published in this *Newsletter*, but I want to note a few highlights.

First, there are increasing numbers of our members who are involved in APA components, and who therefore arrive in DC earlier in the week. I fondly refer to these days of intense committee work as "Psychiatry Camp" - we really spend all our time together, living, eating, breathing "Psychiatry." But a lot of formal and informal networking, meeting, discussing, etc. does happen.

This year, the Committee on Gay, Lesbian, and Bisexual Issues was able to spend much of its time addressing "Reparative Therapy," and made significant progress in helping others involved with APA understand how damaging this is. In this newsletter is a questionnaire that Shelly Klinger, M.D. and I created, to collect information which will help when we are asked to provide documentation of the harm caused by "conversion" therapies. Please give us as much information as is possible of bad experiences you, your patients, and others have endured, without violating confidentiality. If anyone is willing to share a personal story with the APA Ethics Committee, please let us know that, too.

Before I continue with other highlights, let me briefly describe the APA hierarchy. The APA functions sort of like our national government on a smaller scale. There are elected officers who serve as an executive committee of the Board of Trustees. Other members of the Board of Trustees include an elected representative from each of the APA geographic Areas, several Trustees-at-Large, several Past Presidents, and a few other people. The Board essentially functions as one "House" of the APA. The other "House" is the Assembly.

The Assembly is also made up of elected representatives, mostly elected by each District Branch. However, there is also a Representative to the Assembly for each Minority/Underrepresented group. Currently, Jim Krajewski, M.D. is the Representative and Bob Cabaj is the Deputy Representative of the Caucus of Lesbian, Gay, and Bisexual Psychiatrists (formerly called CHIP, the Caucus of Homosexually-Identified Psychiatrists). The minority representatives are elected by their Caucus, which consists of any APA members choosing to identify with that minority caucus. Each APA member, at this time, can choose to identify with only one of the minority/underrepresented caucuses. The President-Elect appoints people to various committees, councils, ad hoc committees, commissions, and boards. Most of these groups have several staggered year terms, so most are comprised of people appointed by several different president-elects.

The Committee On Gay, Lesbian, and Bisexual Issues is one of ten committees that report to the Council on National Affairs. This council includes the other minority/underrepresented committees, as well as a few others such as the Committee on Religion and Psychiatry and the Committee on Abuse and Misuse of Psychiatry in the US.

One of the pleasant things that happened this year for the first time was that all of the members of all of the committees that report to the Council on National Affairs were invited to have dinner together one night. This allowed the members of CGLBI to meet the members of the other minority committees.

Friday night dinner at Dr. Jeff Akman's was as delicious, fun, and friendly as always, and included several people brave enough to show up never having attended any AGLP activity before. I was a little disappointed, however, that the trend of the last few years with more women attending each year was not continued.

I was able to do some preliminary negotiations with the APA staff for us to have a part-time AGLP office in the APA office complex. This will likely begin in June 1994, and I will keep the membership informed of the details as this becomes more definite. Essential, of course, will be to keep whatever computer we have separate from the APA computer system, have file cabinets that are not accessible, and to trust the staff person we hire.

We also, as usual, were visited during our Saturday meeting by various APA officials and prospective officers. We were able to talk with Jack McIntyre, M.D., current APA President, Jerry Wiener, M.D., President-Elect, Drew Clement, M.D., Speaker-Elect of the Assembly, and two candidates for next President-Elect, Mary Jane England, M.D. and Jim Shore, M.D.. I continue to be amazed at how much information we have to give people, and how much they "just don't get." One thing that I would like to see done for next year is writing out a summary of issues important to us and some background to be able to pass out in situations like this.

We spent time talking about AGLP's committee structure, and what committees we should have. Included in the minutes are the names of the committees and who to contact for each. A committee structure can involve more people in the actual workings of AGLP, but only if people volunteer to help on the committees.

Plans for the May meeting in Philadelphia are well underway, and it sounds like this will be both an exciting AGLP meeting and APA meeting. Let Dan Hicks know any ideas you have for the Hospitality Suite, and plan to attend!

AGLP Fall Meeting

J.W. Marriott Hotel
Washington, DC
September 11, 1993

I. Introduction / Announcements

President Margery Sved, M.D. called the meeting to order at 10:10 AM and had members introduce themselves. Expected APA guests for the morning were noted. She outlined her agenda for her tenure as president: to set up a viable committee structure to increase involvement in AGLP.

II. Minutes from last meeting were unanimously approved.

III. Treasurer's Report was presented by Larry Prater, M.D. He explained that the \$8,800 cost of the *Journal of Gay and Lesbian Psychotherapy* will be distributed over the next two years. Questions were entertained.

IV. Membership and Newsletter Report

David Scasta, M.D. presented the membership statistics, noting that there has been no significant growth (533 members) since May, 1993. \$27,500 in dues has been collected, members' average age 41, 20% are women (compared with an estimate 26% if gay women in the APA were proportionately represented). Jim Krajieski, M.D. noted that only 127 people belong to the APA Caucus. Dr. Krajieski and Cabaj plan to write an article about it in the *Newsletter*, featuring the change in name to the Caucus of Lesbian, Gay and Bisexual Psychiatrists (CLGBP). Dr. Sved reminded us that one can only be a member of one minority caucus, which puts some of our members in conflict.

The newsletter layout is now being done by a graphics artist. PLEASE send submissions on PC compatible diskettes.

V. Committee on Gay, Lesbian & Bisexual Issues Report

Shelly Klinger, M.D. presented a brief report. A major issue was reparative therapy about which: 1) a position paper was approved by the Council on National Affairs, 2) a discussion was held with Ethics Committee chair Donna Frick, M.D.; 3) and a survey of AGLP members is planned regarding personal and clinical experiences with reparative therapy. Other issues included military issues (specifically the military District Branch), international issues, "Christian" psychiatry, a proposed men's issues component, the NIH Women's Health Initiative, and the filing of amicus briefs in the Bottoms case in Virginia and any upcoming gays in the military cases that go to the appeals level. Dan Hicks, M.D. noted that military psychiatrists support us verbally, but something needs to be put in writing from the psychiatric consultants and the Surgeon General to overturn the ban. Margery Sved, M.D. suggested that part of the by-laws of the new military district branch include a position about overturning the ban. Dr. Krajieski was pessimistic that this would be a function of the Assembly. Terry Stein, M.D. suggested that nondiscrimination at some level be made an issue in the Assembly discussion of the Military District Branch. We will follow-up with Katherine Becker in the Division of Government Relations.

VI. APA Visitors

The following visitors attended: Dr. Jack McIntyre, current APA president, Dr. Jerry Wiener, President-Elect, Dr. Drew Clemens, Speaker-Elect of the Assembly, Dr. James Shore and Dr. Mary Jane England, candidates for President-Elect of APA. Each was updated on issues of interest: reparative therapy, the military district branch, the inability of members to belong to more than one minority caucus, and the Bottoms case.

Dr. McIntyre expressed his concern about reparative therapy, but doubted that the APA would consider it unethical practice. He suggested a forum at the Annual Meeting. AGLP members expressed their concern that the lack of scientific efficacy of reparative therapy is beyond debate. Bob Kertzner, M.D. suggested a different level of debate, e.g., "What to do when a patient says they want to change their sexual orientation." Dr. McIntyre also expressed support for reconsidering the issue regarding being limited to only one minority caucus.

Dr. Wiener participated in much of the above discussion. Dr. Sved brought up the Bottoms case and the request for an APA *amicus brief*. Dr. Wiener felt an *amicus brief* was very reasonable. We returned to the caucus issue, and the Assembly's rationale behind this ("one person, one vote"). Dr. Krajieski will raise the issue in the Committee

on Planning at the winter meeting. Dr. Wiener suggested that each caucus decide its own rules for membership. Dr. Stein suggested that there could be one primary and several secondaries.

Debbie Carter, M.D. brought up the suggested task force on ethnic minority and underserved children and adolescents and noted the need for gay/lesbian participation. Dr. Wiener noted that he had asked all Council chairs to examine their component structures to keep the budget within reason; thus, there is increasing reluctance to add any new components. The new Clinton health plan and need to address minority issues was discussed with Dr. Wiener. Dr. Wiener's theme for his presidential year is, "Encompassing Diversity and Demanding Equity," which is clearly relevant to our group. He thanked us for our support and hopes to work closely with us.

Dr. Sved reviewed assembly-related issues of military District Branch and caucuses with Dr. Clemens. Dr. Clemens outlined the pressures around having a Uniformed Service District Branch to provide adequate representation for members who move frequently beyond their control. He noted the bind that military psychiatrists are in, reminiscing about the gay protests at the 1972 convocation of fellows where he got his fellowship medal. If Congress backtracks, then it may be important politically to defer the action. He asked us to feel free to stay in touch with him about issues before they reach a crisis level, and to pay close attention to the format of action items. Once an action paper is through, it needs to be closely followed to really be implemented. Dr. Cabaj applauded the new tradition of the Speaker-Elect of the Assembly attending our meeting.

Dr. Shore talked about his background. His subspecialty is public psychiatry and he is interested in Native American issues. He has been chair of the Department of Psychiatry in Colorado for nine years. He is the President-Elect of the American Board of Psychiatry and Neurology. During his tenure on the board, the certification rate of American psychiatrists has risen from 50 -75%. Dr. Shore also noted he has worked hard in the Chairman's Group to end discrimination against gay men and lesbians in training programs and would continue this work as President of the APA. He noted his support for changing the military ban. Dr. Shore noted that the Council on Medical Education has been reviewing the curriculum that Dr. Stein wrote in the last few days. Mark Townsend, M.D. talked about Dr. Shore's extensive research into underrepresented groups and underlined the need for research into gay and lesbian training needs as well as clinical issues for gay/lesbian patients. Jack Drescher, M.D. asked about the APA position on the Colorado boycott. Dr. Shore noted that the Colorado Supreme Court has set this disastrous legislation aside, although not formally overturned it. He stated he would respect a boycott of meeting in Colorado until this is resolved. Dr. Shore thanked us for the invitation and will answer questions for the *Newsletter*.

Mary Jane England, M.D., the other candidate for President-Elect discussed her background. She stated that she is a child psychiatrist, worked in the public sector much of her career, in the Massachusetts Department of Mental Health, then as commissioner of the Massachusetts Department of Social Services, then as dean of a public administration program at the Kennedy School of Government where she got very involved in health policy. She then switched to the private sector to head Prudential's mental health and substance abuse programs. She then received a \$20 million grant from the Robert Wood Johnson program to run a child mental health program constructing model programs for systems of care for children, adolescents and families. She has worked for the Washington Business Group on Health for the last three years representing large employers and working on health issues at the work site. In APA she has been active in Government Relations and as treasurer doing significant financial management. In that position she has dispensed with the debt and now has a reserve. Dr. England feels APA is at a time of dramatic change, that health care reform is moving forward and we need to develop programs to reduce members' anxiety about this. As treasurer she developed a strategic financial plan, feels a strategic organizational plan is necessary to set priorities, hopefully that will be done within a year.

Dr. England discussed the military question, noting that the medical branches are going to be downsized and wondered if we really needed a military District Branch given that fact. She also discussed her feelings about the situation when she was commissioner of social services in Massachusetts and opened up adoption and foster parenting to gay men and lesbians, which Gov. Dukakis then destroyed. She feels very strongly that children have the right to go to loving homes rather than foster care and is outraged about such decisions. Dr. Nakajima noted the difficulty of residents and early career psychiatrists getting involved in the APA component structure. Dr. England had met with the APA Early Career Psychiatrists who have noted the same barriers and feels that APA needs to actively get young and early career psychiatrists involved. Dr. Hackenbruck talked about the political initiatives in Oregon and Colorado and how the district branches helped fight the "pseudopsychiatry" that was involved. Dr. England talked about boycotting Colorado and the need to help state branches get more involved in statewide politics. Dr. Forstein noted that there are still APA members (but not leaders) who will testify that homosexuality is pathological, that there is a question of ethics here. Larry Prater, M.D. noted that one psychiatrist doing that in Colorado was brought up on ethics charges. Dr. England stated that she would be happy to come to Oregon or wherever to speak if issues come up. Dr. Sved gave Dr. England information or the

Women's Health Initiative. She is working on women's health issues at the work site, would like our input regarding lesbian issues. She is also working on issues of diversity in regards to health care reform, would like our help on that. Dr. Forstein suggested openly gay and lesbian experts on the advisory panels.

VII. Report of Lunch time Committee Meetings

Mark Cooper, M.D. talked about the need for more career-oriented programs for HIV positive psychiatrists, as the only forum now is the support group. Dr. Sved raised the possibility of a Saturday program on this which would address the issues without forcing HIV positive psychiatrists in AGLP to come out if they are not ready to do so. Dr. Cooper felt this was a good idea.

The committee structure was discussed, including standing committees, task forces for focused issues, and constituency committees.

Standing:

Legal Action Committee (equivalent to the bylaw's Issues Committee) - Phil Bailen, M.D., chair

Membership committee - Diana Miller, M.D., chair.

Needed:

Nominating Committee - 2-3 past-presidents and representatives from Early Career Psychiatrists (ECP) and Psychiatrists of Color (POC) Dr. Hackenbruck was appointed chair and agreed to organize this committee.

Education Committee - to plan education at the annual meeting - Dan Hicks was appointed chair, will appoint his committee, including a local person from Philadelphia.

Constituency Committees:

People of Color - Gene Nakajima & Debbie Carter, co-chairs

Lesbian and Gay Child and Adolescent Psychiatrists - Rob Pinney, M.D., chair

Early Career Psychiatrists - Rob Clyman, M.D., Chair

HIV Positive Psychiatrists - Mark Cooper, M.D., chair

Residents - Donna Lohman, M.D., Howard Rubin, M.D., co-chairs

Medical Students - Martha Link, James Schmidtberger, co-chairs

Women's Committee - Ellen Haller, M.D. was suggested.

Task Forces:

Psychoanalytic Committee - Paul Lynch, M.D. chair

Psychiatric Textbooks - Ron Winchell, M.D., chair

Dr. Sved charged the committee and task force chairs to bring goals and progress reports to the May meeting.

Dr. Sved then raised the possibility of AGLP meeting for a more extended time, e.g., a three day meeting in conjunction with AAPHR. A discussion of times and places then occurred. Dr. Scasta noted the important timing of the September meeting in relation to annual meeting planning. Dr. Hackenbruck suggested having the meeting in September but elongating it. John Fryer, M.D. noted the limiting aspects of always having it in Washington, D.C. in terms of attracting new people. Gene Nakajima, M.D. raised the possibility of having it in conjunction with the Hospital & Community Psychiatrists' conference in October. The large number of meetings that all of us go to was noted by Dr. Forstein. He suggested a survey in the *Newsletter* of the membership but first to try adding a half day in September. Howard Rubin, M.D. noted the advantage of having AGLP members meet at AAPHR in August to put workshops together. Dr. Hackenbruck raised the possibility of raising money for residents and early career psychiatrists to come to the fall meeting. Dr. Townsend noted that Early Career Psychiatrists do not always feel included in the Fall Meeting and that this is more a barrier than the cost.

VIII. AIDS Commission

Dr. Forstein reported plans for an international AIDS conference in Mexico in August, 1994 and work planned with underserved/minority components. They are pushing for further visibility within the APA.

IX. AGLP Office:

Margery Sved, M.D. outlined the APA's offer of office space in return for paying for a given percentage of a staff person's salary and benefits; and providing our own computer and phone lines after the May meeting. We can start with as little as 10% of a staff person's time, gradually increasing as much as we need up to 50% or so. She noted that we initially would benefit from a secretarial person, later we might want to hire a lobbyist.

Margery will write a job description. David Scasta, M.D. felt it would help him transition out of his multiple jobs, and would probably take a full year to really evaluate. He noted that he would be interested in running for AGLP president when the transfer occurs to help make sure that we retain control of AGLP. Jack Drescher, M.D. noted that some people may be concerned regarding the list of members being available to someone in APA and that confidentiality would not be at the same level. Dr. Forstein noted that our job would be to get the right person in that job. He also raised the idea of a development committee to look for other ways to raise money. Jack Drescher, M.D. noted that many gay and lesbian professional organizations have died because people who were doing the work got tired and no one took over, and that we really need to move forward with this.

X. May Meeting Planning

David Scasta, M.D. distributed informational sheets and thanked John Fryer, M.D. who is on the APA Local Arrangements Committee, for his help. The location and layout of the Embassy Suites where all the events will be held was discussed. The opening party will be much more economical this year as we are only having snack food and cash bars. Dr. Fryer noted that there would be a birthday party for the APA which will be happening simultaneously with the opening party and at which they are expecting 5000 people. The hospitality suite will be open all throughout the five day meeting. Dan Hicks, M.D. asked for volunteers for the AIDS Memorial Service. Larry Prater, M.D. noted that AAPHR wants to share our booth again. Options for the closing party were discussed - Dr. John Fryer's or Dr. David Scasta's houses which are out of Center City or other places in town. Dan Hicks noted that a house would have a nice ambiance and that spaces are expensive and suggested that we should take John Fryer up on his generous offer - perhaps we could hire buses. John Fryer, M.D. noted that the APA is also having a closing party on Wednesday night, a "50's sock hop," and that it would look good for AGLP to be well-represented there. He also noted how beautiful the Convention Center is in Philadelphia and suggested that maybe we could have the closing party near there and then be there for the APA party. Margery Sved also emphasized we should have sign-ups for dinner before the party on Wednesday night. Larry Prater suggested we leave the final decision up to the local arrangements committee. The possibility of moving the awards luncheon or dinner to Saturday or after the business meeting on Tuesday was raised. There was a lot of support for a dinner Tuesday night.

Design of the Saturday program was discussed. Margery Sved, M.D. noted the importance of including some more intimate time. People agreed that the HIV positive psychiatrists program should not be the theme of the Saturday program, at least this year. A suggestion in keeping with the overall theme of the meeting, was, "Our Heritage/Our Future," with the morning being historical but at an affectual level, and the afternoon being oriented towards the future. John Fryer, M.D. said he might be able to get CME through Temple or through APA for Saturday.

XI. APA Submissions

APA Submissions were reviewed - multiple submissions were discussed. David Scasta, M.D. urged people to send accepted workshops with room and time to him for inclusion in the guidebook. Marshall Forstein, M.D. urged people to also consider submitting to other meetings such as Hospital & Community Psychiatry.

XII. Announcements

The American Psychological Association will sponsor a National Conference on Psychosocial and Behavioral Factors in Women's Health: Creating an Agenda for the 21st Century on May 12-14, 1994 in Washington, D.C. 800-1000 word abstracts are due October 18, 1993.

People were urged to write to Donna Shalala regarding including questions about sexual orientation in the Women's Health Initiative.

XIII. Sharing Time!!!!

The meeting was adjourned by President Margery Sved, M.D. at 5 PM.

Respectfully submitted,
Shelly Klinger, M.D.
AGLP secretary

DECEMBER 1993

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"Reparative Therapy" Survey

We are frequently asked at APA Committee meetings and other settings to provide data or details about the harm caused by "reparative" and other conversion therapies. We would like to develop a compilation of anecdotal information about our own personal experiences, those we have heard about from our patients, and those we know about from other sources (i.e., friends and colleagues). This could be quite helpful, especially in discussions about the ethics of "reparative therapy." Please complete the survey in as much detail as you can, anonymously. Attach additional paper if needed. If you are willing to be identified with your personal example(s), please include your name, address and phone number. We will try to include a summary of this information in a future Newsletter. Shelly Klinger, M.D. & Margery Sved, M.D.

Please return the survey to:

Margery Sved, M.D.
Box 37215
Raleigh, NC 27627

1. Please describe any experience that you have personally had as a client/patient in psychotherapy, where the therapist actively or passively, overtly or covertly, tried to change your sexual orientation. Were you harmed? How?
2. Please describe any experiences that you have personally had as a client in psychotherapy, where the therapist provided biased, inadequate or inappropriate care because of your sexual orientation.
3. Please describe any experiences that a client/patient of yours told you about a previous therapist trying to change the client's patient's sexual orientation (actively, passively, overtly, or covertly). Was the client/patient harmed? How?
4. Please describe any other instances that you know about (friend, colleague, etc.) where a client/patient was harmed by psychotherapy or other therapy attempting to change sexual orientation.
5. Please include any other anecdotal experiences with "reparative" therapy, other conversion therapy, or other attempts to change sexual orientation.

Vice-President's Column:

Daniel Hicks, M.D.

As Vice-President of AGLP, it is my job to help set up the hospitality suite and Saturday programming, as well as oversee arrangements of the whole week, to ensure things happen smoothly. With so many capable people in Philadelphia, under the careful supervision of David Scasta, M.D. my job in supervising the local arrangement is a breeze. However, I am still working on plans for the hospitality suite and Saturday programming. Also, if anyone wants to help plan the Memorial Service on Saturday, please contact David Scasta, M.D. or myself. I will be sending out letters soon to all those who led groups in the hospitality suites, asking if you would be willing to continue the group this year and time preferences. If anyone else would like to lead discussions or facilitate meetings in the suite, please let me know. Apparently we have much more flexibility this year and can have either break-out groups or more than one meeting occurring simultaneously.

It was suggested that since 1994 is celebrating APA's 150th birthday at its birthplace, and it is the 25th anniversary of Stonewall, that our Saturday programming also include a historical perspective. I am proposing that the theme be, "Celebrating Stonewall: Our Past, Our Future", with the morning devoted to a historical accounting of some past events in gay liberation and AGLP history and the afternoon devoted to sharing new ideas and concepts about homosexuality and psychiatry that our members can take home with them to use in their work. These concepts would be discussed in concurrent workshops, with two or three different ones available to each person. The topics I am considering include: teaching about homosexuality in your curricula, becoming activists for gay rights in your community, practical ideas to help HIV-infected health care providers, "new" gay families and parenting concerns, special problems and approaches in psychotherapy with gays and lesbians, special issues in substance abuse treatment of gays and lesbians, research and writing in these new fields, and approaching the health hazards of homophobia as we have uncovered them. These are not set in stone; I am open to other suggestions for groups, and also volunteers with an interest in leading or teaching these groups. I already have some people in mind, and will be writing or calling to ask you to participate.

If you have any ideas, input, want to volunteer, etc., please call me at home 202-483-3623 or work (better chance of catching me) 202-576-4987 or write to me at 1309 T St. NW #2, Washington, D.C. 20009.



Dues Go Up in 1994

The cost of membership will go up for Full and Associate members to \$100 per year beginning in 1994. The cost of a Newsletter subscription will also go up to \$20.00 per year. Dues for residents and medical students will be unchanged.

Dues for AGLP have been unchanged for four years, despite rising costs. The increase in costs has been covered in the past primarily by membership growth. However, the growth in costs have now outstripped the growth in membership revenue. AGLP was facing a break even position in 1994 and a probable loss thereafter without considering the costs of a new national office. Due to a generous offer of office space by the American Psychiatric Association and the APA's willingness to let AGLP pay an APA staffer part time to administer the office, AGLP will be opening a national office in Washington, DC in the summer of 1994. A full time office will allow AGLP to provide better follow through on a myriad of projects that currently depend upon the generosity of members to provide all of the administrative "scut work." Many good ideas have been lost for lack of someone to spend the time to schedule the project, contact the necessary people and follow up to make sure that things are getting done and done on time. A full time presence in Washington, will also keep AGLP in close contact with the APA as well as with Capitol Hill.

When the cost of computers, part time salary, benefits, postage, etc., are factored in, AGLP's budget is due for a major blow to its fiscal conservativeness. The office costs in 1994 will fortunately be for only half of a year. For this reason, AGLP has been able to hold dues increases next year to \$100.00. How much they go up the next year will depend upon membership growth and the actual cost of doing business. Dues are set by the Executive Committee generally after confirmation with the membership. Dues increases were approved in non-binding resolutions by the membership at both the Annual Meeting in San Francisco and the Fall Meeting in Washington.



Minority/Underrepresented Groups and the APA

Robert Paul Cabaj, M.D., Deputy Representative of the Caucus of Lesbian, Gay and Bisexual Psychiatrists

For over ten years, minority members of the American Psychiatric Association have had representation in both the Assembly of District Branches and the Committee and Component structures that report to the Board of Trustees. One the component of the APA, the Committee of Gay, Lesbian and Bisexual Issues, currently chaired by Rochelle Klinger, M.D., discusses issues of importance, formulates relevant action items, and reviews pending APA actions that will be of importance to gay, lesbian and bisexual psychiatrists and patients; the Committee then reports to the Council on National Affairs, which, in turn, supports, revises or rejects Committee recommendations. The Council's recommendations are then submitted to the Board of Trustees for further action.

Gay, lesbians and bisexual psychiatrists joined several other minority or underrepresented groups years ago in forming caucuses that represent a particular group of psychiatrists in the Assembly of the APA (a structure somewhat similar to the US Congress). Originally listed as the Caucus of Homosexually-Identified Psychiatrists (CHIP), the Caucus elected to change its name to the Caucus of Lesbian, Gay and Bisexual Psychiatrists. The Caucus has a Representative (currently Jim Krajieski, M.D.) and a deputy representative (currently Bob Cabaj, M.D.) who attend and vote at Assembly meetings, as well as at the Area Councils of which they are members (currently both on Area VI—California,) and the local district branch meetings. There is also a President of the Caucus, traditionally the current President of the Association of Gay and Lesbian Psychiatrists, currently Margery Sved, M.D. (AGLP is an independent organization, allied with the APA, but free to pursue its own policies and position statement and action items.)

The Caucus can initial action items and reviews and supports actions in the Assembly, keeping in mind the impact on gay, lesbian and bisexual psychiatrists and patients in mind. The Caucus has only one vote, but the numbers of members signed up to be Caucus members has an impact on the Executive Committee of the Assembly, and the whole APA. In a sense, it is the only structure in the APA for a lesbian, gay, or bisexual psychiatrist to be "officially" out, and the only formal count of how many gay, lesbian, or bisexual members there are. Currently, the membership in under 125; this is opposed to the AGLP membership of over 500, and the likely estimate of over 3700 lesbian, gay or bisexual psychiatrists (if we take 10% of the total APA membership.)

Caucus membership may be low for several reasons: APA members may not be aware of it (thus this article and a request to join); the membership list, though confidential, is not anonymous and APA officials could theoretically review the names of member—

this lack of total confidentiality may cause members to hesitate to join; APA members currently are allowed to join only one minority group, so the many members who may have a choice, may elect another one of the Groups (such as Women, Black, Hispanic, and so on.)

The representatives will be exploring a way to allow membership in more than one Caucus, and will continue to support and fight for all the issues relevant to lesbian, gay and bisexual concerns. The more members in the Caucus, the more powerful will be the voices of the representatives. If you are not yet a member, please find the form to join the Caucus in this issue of the Newsletter and sent it to the APA today. If you have other questions of issues you wish the representatives to address, please contact them either directly or through the APA (Bob Cabaj, 1 Mono St, San Francisco, CA, 94114, (415)-621-5727; or APA, Office of Minority/National Affairs, 1400 K Street, N.W., Washington, DC 20005.)



APPLICATION FORM

Caucus of Lesbian, Gay & Bisexual Psychiatrists

American Psychiatric Association

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

* APA Membership Status: _____

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: _____ Date: _____

Send this form to: Gail Nelson, Office of Minority / National Affairs, American Psychiatric Association, 1400 K Street, NW, Washington, DC 20005

* Member-in-Training, General Member, Fellow, Life Member, Life Fellow

Medical Student Column

Martha Link

Greetings from medical school! We would like to introduce ourselves as the liaisons to AGLP from AMSA (the American Medical Student Association): Martha Links (a third year medical student at the State University of New York at Brooklyn) and Jim Schmidberger (a fourth year student at New York University). We were among the dozen or so medical students who attended the the AGLP/APA meetings in San Francisco in May with the generous assistance of AGLP members and participated in the Fall Meeting in Washington in September.

The meetings in San Francisco provided a refreshing opportunity for us to interact with our fellow students and with physicians as openly gay, lesbian and bisexual professions. Living in a world in which the assumption of heterosexuality still prevails, the AGLP / APA meetings allowed us to simply BE who we are, without expending energy to correct assumptions, challenge attitudes, anticipate responses or conceal our identities. The conference afforded the opportunity to share our experiences at our own institutions. There were several discussion about being "out" in medical school, on the wards and in our application to residency programs. These discussions were helpful because they strengthened our sense of belonging to a community within the health professions. While many of us have a strong gay, lesbian and bisexual community where we live, we often feel isolated within the medical community. We also enjoy the sessions with residents and attendings because as students on the wards we so rarely encounter openly gay physicians.

The AGLP's active role in challenging the medical community's attitudes towards homosexuality is also inspiring. For example, AGLP is taking on how homosexuality is presented in psychiatry textbooks, a project initiated by AMSA students. The existence of AGLP, with its sense of community and activism, makes psychiatry an attractive field of medicine.

We are looking forward with anticipation to the meetings in Philadelphia in May. With six medical schools in Philadelphia, there will be plenty of opportunity to share housing and community with medical students living in Philadelphia. If you are a medical student coming to the convention (May 21-26th), let us know if you need help with housing or transportation.

Contact Martha Link at 40 Prospect Park W, #6E, Brooklyn, NY 11215 (phone 718 832-1267) or Jim Schmidberger at 350 E. 30th St., #2E, New York, NY 10016 (phone 212 481-0172).

AGLP Membership Application Form

Name: _____

Degree: _____

Preferred first (nick) name: _____

Address: _____

City: _____

State: _____ Zip: _____

Country: _____

Membership Status: _____

(Full Member - \$100.00, Associate Member - \$100.00, Resident - \$25.00, Medical Student - \$5.00, Newsletter only - \$20.00)

Date membership status changes: _____

Are you a member of the American Psychiatric Association? Yes No

Special Instructions: _____
 (e.g. label "Personal")

Do you want your name and address listed in a NON-CONFIDENTIAL directory of AGLP members? Yes No

Do you want to be a NON-CONFIDENTIALLY LISTED referral source? Yes No: If yes, fill in office address and phone number and list specialty information below.

OPTIONAL

Age: _____ Gender: _____ Ethnicity: _____

Home Phone: _____

Office Phone: _____

Home Address: _____

City: _____

State: _____ Zip: _____

Office Address: _____

City: _____

State: _____ Zip: _____

Make check out to "AGLP" and mail to:
 AGLP; 1439 Pineville Rd.; New Hope, PA 18938

Specialty: _____

The Four Most Commonly Asked Questions About the Directories

1. I didn't get the membership and referral directories. Why?

Are you dues paid in full? If your dues were not paid up by November 1, 1993, you did not receive directories with this issue of the *Newsletter*.

Is your address current? When we receive newsletters returned without forwarding addresses, "addressee unknown," etc., we delete that name from the mailing list.

2. I didn't get into the Membership Directory. Why?

In order to minimize the possibility of including the name of someone who does not want to be public about their AGLP membership in a semi-public membership directory, AGLP has a policy that inclusion in the Directory has to be requested in writing. The dues invoice every year has a section for such requests. That section **MUST** be initialed (not checked!) for a member to be included in the *Directory*.

Is your address current? When we receive Newsletters returned without forwarding addresses, we delete that name from the mailing list. It makes little sense to include a member's name in the Directory for whom we have lost contact and for whom his or her address is incorrect.

3. I didn't get into the Referral Directory. Why?

Are you dues paid in full? If your dues were unpaid, you cannot be listed in the *Referral Directory*.

In order to minimize the possibility of including the name of someone who does not want to be listed in a public referral directory, AGLP has a policy that inclusion in the Directory has to be requested in writing. The dues invoice every year has a section for such requests. That section **MUST** be initialed (not checked!) for a member to be included in the *Directory*.

Are you a resident or medical student? Residents who take referrals are listed as referral sources in AGLP files but not in the *Referral Directory*. The *Referral Directory* is only for those who have completed formal training in psychotherapy.

Did you list at least a telephone number under your office address? We do not assume that your mailing address is your office address. You must list at least an office address or telephone number under office information on your dues invoice to be listed.

4. Why is my address, telephone number, etc. wrong?

Data for the directories are take directly from your AGLP computer file. If it is wrong, we have the wrong information. To correct information for future issues, write to: AGLP, 1439 Pineville Rd., New Hope, PA 18938.

Announcements

■ The Department of Psychiatry at the University of California at San Francisco is seeking two consultation-liaison psychiatrists: one at Langley Porter Psychiatric Institute and one at Mt. Zion Medical Center. The positions will be in a clinical series at the Assistant or Associate Professor level with significant teaching responsibilities primarily with medical students and internal medicine housestaff. For further information write to : Lowell Tong, MD.; Chair, Search Committee; c/o Rita Emilia-McLinn, VA Medical Center (116A), 4150 Clement St.; San Francisco, CA 94121.

■ Bertram Schaffner, MD has been named to the post of Medical Director of the HIV Clinical Services Project for the William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology in New York City.

■ Ed Nix, M.D., angry at the Psychotherapy Book Club for featuring so called "contrasting views" on the treatment of homosexuality as a main selection, announced that he has written to the club (P.O. Box 25020, Lehigh Valley, PA 18002-5020) indicating that he will not send in a stamped card asking that the book not be sent to him but will refuse the book when sent because the club will then have to pay double postage. He hopes to encourage other psychiatrists to protest in a similar manner.